

SEXUAL ASSAULT CENTRE OF EDMONTON

2003

ANNUAL REPORT



Suite #205, 14964 121 A Ave.
Edmonton, AB T5V 1A3

Phone: (780) 423-4102

Fax Line: (780) 421-8734

24-Hour Crisis Line: (780) 423-4121

website: www.sace.ab.ca email: info@sace.ab.ca

MISSION

The Sexual Assault Centre of Edmonton exists to:
Empower individuals affected by sexual abuse and assault;
Empower communities to take action against sexual violence.

CORE BELIEFS

We believe...

Sexual violence is an abuse of power and trust;

People can heal;

In valuing diversity and respecting all people;

Individuals should be free to make their own life choices;

Each person should have the opportunity to learn and grow;

In creating a safe environment and maintaining confidentiality;

Inability to pay should not be a barrier to receiving service;

In providing support and advocacy for people who have been affected by
sexual violence;

Services must be accessible to children, adolescents, women and men;

Communities must take action to protect vulnerable people and to become
free from violence;

Offenders, not victims, must take responsibility for violence;

Teamwork is essential;

Volunteers are crucial to our agency and provide a link to the community;

In working with other agencies to further common goals.

BOARD MEMBERS

Chair

Jon Popowich
(On leave)



Acting Chair

J. Denise Watson

Treasurer

Ryan Schetzle

Secretary

Pat Harrish

Board Members



Claire
Dallaire



Deb Jolly

*No
Picture
Available*

Barb
McKenzie



Susan Monro



John Ratcliff



Anjili
Sawhney

PERSONNEL

Executive Director

Karen L. Smith

Office Manager

Belinda Roth

Financial Administrator

Deb Gouchey

Director of Client Services

Louise MacKay

Child and Adolescent Therapist

Janice Shigemi

Adult Counselors

Shirley Howarth
Becky Lee

Diversity Outreach Worker

Mary Banda

Director of Volunteer Services

Heather Bell

Public Educators

Tarra Mitchell
Liana Frerichs

VOLUNTEERS

These volunteers have contributed hours of service to the Sexual Assault Centre over the past year.

Alana S	Cyndi R.	Heather St.	Karishma A.	Marion S.	Sarah W.
Andrea L.	Dan H.	Heather W.	Kate M.	Marlene V.	Shauna S.
Andrea T.	Danielle H.	Heidi A.	Kathie H.	Marsha F.	Shayne M.
Angela C.	Danny W.	Helga R.	Kathy B.	Mary B.	Sheena R.B.
Angela T.	Darlene D.	Hilda-Klara B.	Kathy W.	Mary M.	Sheila G.
Angie L.	Dave H.	Hillary S.	Katie S.	Mary W.	Shelley J.
Anita B.	Dave M.	Holly G.	Katrina H.	Maureen W.	Sheryl H.
Anita B.	Dawn S.	Ingrid K.	Keith H.	Mavis M.	Shiela H.
Anjili S.	Dean R.	Irene H.	Kelly S.	Mike W.	Shirley B.
Annabelle W.	Deb G.	Ivania M.	Kerri K.	Nicholas J.	Shirley H.
Anne R.	Deb J.	Jackie D.	Kevin C.	Nicole D.	Shirley M.
Arlene L.	Debbie M.	Jackie H.	Kevin H.	Nicole F.	Sholly S.
Ashley B.	Debble R.	Jackie Y.	Kieth G.	Nicole T.	Sibylle B.
Ausha S.	Debi M.	Janice S.	Kim A.	Norma B.	Sonia S.
Barb Mc.	Deborah P.	Janine T.	Kim G.	Olga B.	Sonya T.
Barb W.	Debra W.	Jared K.	Kirsten J.	Pam W.	Stephan G.
Beatrice H.	Denise W.	Jayne R.	Kris P.	Pamela B.	Sue O.
Becky L.	Derek M.	Jen B.	Kris S.	Pamela S.	Susan B.
Belinda R.	Dianne L.	Jennifer B.	Kristina L.	Pat C.	Susan M.
Beth O.	Don B.	Jennifer G.	Kristine J.	Pat H.	Susan R.
Bev B.	Doreen A.	Jennifer S.	Kyla S.	Pat M.	Suzanne M.
Bill T.	Doreen G.	Jennifer T.	Lauren U.	Patricia E.	Tamara G.
Bob H.	Doreen J.	Jennifer Th.	Laurie E.	Patricia M.	Tamara O.
Bobin M.	Doreen W.	Jessica G.	Leanna A.	Patricia P.	Tanis A.
Brad H.	Dorrene B.	Jessie W.	Leanne B.	Paul C.	Tara S.
Brenda H.	Elaine B.	Jill S.	Liana F.	Pauline F.	Tarra M.
Brent F.	Elaine D.	Joan G.	Lilian G.	Peter M.	Tashade W.
Brian C.	Ellen H.	Joan H.	Linda B.	Rachael P.	Tawaheed S.
Brian M.	Ellie D.	Joanne B.	Linda C.	Ramona C.	Terry P.
Bryan P.	Elly B.	Joanne D.	Linda K.	Ray L.	Tess Z.
Carman A.	Emily T.	Johanne I.	Linda O.	Rhonda W.	Theresa H.
Carrie E.	Erin B.	John R.	Linda V.	Rick L.	Thérese S.
Carrieanne C.	Farah C.	Jolanda K.	Lindsey G.	Rick W.	Tia W.
Carthin H.	Felix Y.	Jon P.	Lisa D.	Rita B.	Tomina L.
Cate H.	Flo R.	Joseph T.	Lisa K.	Rod G.	Tonya R.
Catherine B.	Flora K.	Josephine H.	Lise B.	Ross S.	Tracey W.
Cathy P.	Gail H.	Joy F.	Lorraine G.	Roxanne L.	Trisha D.
Cathy W.	Gail H.	Judy Anne W.	Louise Mac.	Rubab M.	Tyler G.
Charlene K.	Gary B.	Judy G.	Lucie R.	Ruby W.	Valerie L.
Cheryl D.	Gene Z.	Judy L.	Lynda M.	Ruth B.	Veronica W.
Christina A.	Georgeann W.	Julie C.	Lynn S.	Ryan G.	Vicki B.
Christina H.	Gerry B.	Julie L.	Margaret G.	Ryan S.	Vivian L.
Christine F.	Gina B.	Julie M.	Margaret M.	Saleena H.	Wade W.
Christine F.	Gina J.	Julie M.	Margaret S.	Sandra R.	Yvonne R.
Claire D.	Glenis S.	Julie P.	Maria H.	Sandra T.	Yvonne S.
Claire K.	Glynis T.	Karen D.	Maria T.	Sara J.	Zelekash A.
Connie Mc.	Greg G.	Karen G.	Marilyn C.	Sara T.	
Cora E.	Greg R.	Karen S.	Marilyn D.	Sara T.	
Corine K.	Heather B.	Kari H.	Marion D.	Sarah K.	
Courtney W.	Heather S.	Kari W.	Marion G.	Sarah T.	

MESSAGE FROM THE ACTING CHAIR

2003 was an exciting and challenging year full of change and opportunity. As with all non-profit community agencies, it is always a struggle to continue to offer quality services to an ever-increasing client base, with limited funding and donor resources. Due to the hard work and selfless contributions of volunteers and staff, SACE not only remained within the financial parameters of the budget, but increased services in some areas.

I would like to thank the Board and staff for their cooperation and diligence in following the strategic plan. It was implemented in 2003 to remain responsive to community needs and to ensure service delivery. I am pleased to announce that the majority of targets are being met.

I would like to offer my sincere thanks to the Wildrose Foundation, for the seed money to start up the invaluable and much needed Diversity Outreach Program. This program has allowed us to create partnerships with new community agencies, and offer enhanced services to diverse communities.

SACE was thrilled to see the completion of the elevator at the end of 2003. Tremendous thanks goes to MLA Brent Rathgeber, the Community Facility Enhancement Program, and to landlord Allan Edie for the support and completion of this project.

How do I thank a group of people who saved my mind, my life, my soul? You showed me that I had the courage to initiate change in my life, the strength to stand with the changes, and now, because of your support, dedication, and guidance, I know I was right to invest in myself. Thank you.

SACE Client

I would like to thank board, volunteers, staff, and community partners for the many hours of dedicated service. It has been a rewarding experience seeing the incredible passion and commitment that guides both staff and volunteers. On behalf of my board colleagues, I would like to thank Karen L. Smith for her outstanding leadership, dedication, and unwavering commitment to SACE, our partners and the community.

Finally I would like to recognize the SACE clients for their bravery in facing and dealing with issues related to sexual violence, and for their support of our services.



J. Denise Watson
Acting Chair

*“Hope” is the thing with feathers—
That perches in the soul—
And sings the tune without words—
And never stops— at all—*

Emily Dickenson

Staff at SACE were professional and treated me with respect and dignity. I am a survivor and not a victim any more. I have taken back my life and look forward to the future. Without the support of SACE my struggles would have continued and I would not have become the healthy person I am today. Being accessible and affordable really made the difference.

SACE Client

MESSAGE FROM THE EXECUTIVE DIRECTOR

2003 was an exciting and successful year for the Sexual Assault Centre of Edmonton (SACE). Through careful monetary management (by staff and Board) SACE was not only able to continue providing its high quality services to Edmonton residents within financial parameters of the budget, but also saw the extension of services in some areas.

SACE sincerely appreciates (and could not exist without) the continuing financial support from: United Way of the Alberta Capital Region, City of Edmonton Family and Community Support Services, Edmonton Community Foundation, AB Edie Equities Inc. and TransCanada PipeLine, the Wild Rose Foundation, Alberta Solicitor General Victims of Crime Program, Community Facility Enhancement Program, Capital City Savings Kids Foundation, Caritas Health Group Staff Charitable Donations, and the Royal Alexandra Hospital Employees Charitable Donations Fund.

The completion of the elevator by the end of the 2003-year has been a wonderful asset to our counseling and volunteer programs. We are now able to provide service on site to clients with mobility impairment rather than seeing them in a neighboring office. Many thanks to MLA Brent Rathgeber, the Community Facility Enhancement Program, and landlord Allan Edie for recognizing this need and supporting and completing this project.

Board Secretary Pat Harrish and her committee completed our organization's Strategic Plan. It is an invaluable tool, and a clear, usable document, and we are meeting the expected targets. Thank you Pat for sharing your expertise with us!

The SACE *Safe Preschool Education and Awareness Kit* (S.P.E.A.K.) has been well received in the Edmonton area and is now being used in many classrooms throughout the region. The Edmonton Community Lottery Board provided the funding to develop and produce this kit.

The Wild Rose Foundation provided funding for a one year ***Diversity Outreach Program***. We

have been very successful in making contacts with people from diverse communities (ethno cultural groups, people with disabilities, seniors and members of the gay, lesbian, bisexual and transgendered community), and helping these individuals access the help they may require. This extremely beneficial project will continue in 2004 with funding from the Alberta Solicitor General Victims of Crime Programs.

SACE and Edmonton Police Service worked together in 2003 to plan a Sex Crimes Investigators Conference for detectives from across western Canada. Our own Dr. Louise MacKay gave presentations at the conference, entitled: ***Sexual Assault in Diverse Communities***; and ***Same Gender Sexual Assault***.

The Sexual Assault Centre of Edmonton faces the challenge of working with people at an incredibly vulnerable time in their lives. SACE depends on a strong sense of community partnerships, and on generous people who will share their skills and talents. We thank the community of Edmonton for their continued contributions.

Funding goals are an ongoing challenge, which are being met by extended efforts of all board members, volunteers and staff.

I extend my thanks to the very dedicated and talented staff of SACE: Belinda Roth, Deb Gouchey, Doreen Johnson, Louise MacKay, Shirley Howarth, Becky Lee, Mary Banda, Janice Shigemi, Heather Bell, Tarra Mitchell, Liana Frerichs, Gail Hogarth, Nicole Dunkley, Eileen Noel, Karen Dushinski, Mohammed Sadiq, Felix Yuen, Shayne Mugford, Katie Simmons, Cyndi Ryan, and Sandra Romero. Together, we continue to focus on the mission of SACE and, on a daily basis, commit to making a difference in the lives of girls, boys, women and men who have experienced the trauma of sexual violence.



Karen Smith
Executive Director

TREASURER'S REPORT

2003 was an excellent year for SACE, with another increase in overall revenues. Included in those revenues was \$65,000 from the Community Facility Enhancement Program, which allowed us to put a wheelchair accessible washroom and an elevator into our wonderful facility. We are extremely grateful to MLA Brent Rathgeber of the Edmonton Calder Constituency for his support in helping us obtain that funding, and to landlord, Allen Edie.

As always, our heartfelt thanks goes out to our core funders, FCSS and United Way, for their continued support. Their financial support, along with the tireless efforts of our volunteers, enables SACE to provide its' remarkable services and programs.

SACE is also very fortunate to have program specific support. The "Initiative to Support Sexually Abused Children" program, was again generously sponsored by the Edmonton Community Foundation. Our "Diversity Outreach" program was financed by the Wildrose Foundation and we are happy to announce that the Alberta Solicitor General will be providing funding for this program in 2004. These excellent and integral programs would not be possible without the generosity of our program funders.

SACE is delighted to be located in a terrific building under the auspice of a great landlord, Allan Edie. We can't thank Allan enough for his personal and corporate support.

Thanks again to all of our financial supporters. Sustainable funding going forward continues to be a priority, as it provides SACE the ability to continue to do great work in our community.



Ryan Schetzle
Treasurer

STRATEGIC PLANNING

Through a series of workshops in late 2002, SACE has developed a comprehensive strategic plan, which was implemented throughout 2003. Key objectives in the strategic plan include:

- Providing responsive and proactive services to meet emerging community and client needs.
- Being recognized as an essential community service, providing specialty programs to citizens impacted by sexual violence.
- Increasing the SACE profile/awareness within the community of Edmonton and surrounding area.

A number of initiatives have been developed to ensure SACE service delivery—counseling, public education, training and development, business management—support our strategic objectives. Presentations have been made to all staff and board members on their role and overall contribution to advancing the strategic priorities.

In addition, in order to remain responsive to community needs, all of the members of the Alberta Association of Sexual Assault Centres participated in an environmental scan, funded by Status of Women Canada.

Overall, throughout 2003, SACE has made significant advancement of our key strategic priorities. The Strategic plan will continue to serve as our framework, in guiding our service delivery, into 2004.

Pat Harrish
Secretary



DID YOU KNOW?

In 1975, SACE was incorporated as a not-for-profit society known as the Rape Crisis Centre of Edmonton. The organization was initiated by a coalition of Edmontonians from the Edmonton Social Planning Council, YWCA, hospitals and social service agencies. They were concerned about the amount of sexual violence in our community and the lack of services available to the survivors of the violence. The doors of the agency first opened with a part-time coordinator and a number of dedicated volunteers to provide a crisis telephone line that offered victims access to a trained listener. In 1983, Federal legislation removed the term "rape" from the criminal code, and substituted the term of "sexual assault". The agency changed the name to the Sexual Assault Centre of Edmonton to reflect this change. SACE has evolved into a professional organization now offering a 24 Hour Crisis Line as well as counseling, public education and volunteer programs. However, as SACE developed through the years, the grassroots beginning and the importance of volunteers to the organization has never been

OFFICE MANAGER



Belinda Roth

WELCOME TO THE FAMILY!

The staff at the Sexual Assault Centre of Edmonton were delighted to welcome Belinda Roth to our team in October of 2003. Belinda has taken on the demanding and multi-faceted role of Office Manager with an incredible amount of confidence and determination. Belinda has already become indispensable by successfully completing a number of projects including grant applications and proposals, interim reports, and multiple mail-outs. Her spirited attitude, sense of humor and inexplicable love of words (like gumption and panache) have made her a welcome addition to the team.

Belinda would like to thank the administrative support team, without whom she would have gone stark raving mad.



Financial Administrator

Deb Gouchey

ADMINISTRATIVE SUPPORT



Doreen J.



Cora E.



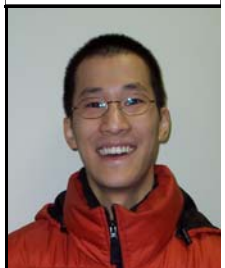
Jolanta K.



Marion D.



Karin G.



Felix Y.



Michael W.



No Picture Available

Lisa M.

STEP employee, Felix Yuen, who created our databases, continued on as computer support this year. Great work Felix!

COUNSELING SERVICES

Child and Adolescent Program



SACE appreciates the continued financial support of the United Way of the Alberta Capital Region and the Edmonton Community Foundation, for their financial support of the Initiative to Support Sexually Abused Children. Over the past year, the Child and Adolescent

Program has been busy providing families with service that meets specific, individual needs. Dr. J. Louise MacKay continued in the double duty of Director of Client Services as well as Child and Adolescent Therapist for children and their families who have been affected by sexual violence. Dr. MacKay, a Chartered Psychologist, has been with the Centre since 1998. Specializing in working with children and families affected by trauma, she brings a wealth of experience to her leadership role in the SACE counseling team.

In 2003 the Child and Adolescent Program continued to meet the expectations of SACE's mandate by providing counseling services to sexually abused children and teens as soon as possible. Throughout the year, the waiting period for the Child and Adolescent program was never longer than two weeks, with emergency appointments booked earlier as required.

Dr. Mohammed Sadiq (Child and Adolescent Psychologist) concluded his contract in May. Although we were disappointed by his departure, it was exciting to hear of his new adventures teaching graduate level courses in Malaysia.

In August, the change in staff in the Child and Adolescent Program provided the opportunity to hire Janice Shigemi, a graduate of the Masters program at the University of Alberta and a Provisionally Chartered Psychologist. Janice has extensive prior experience working with children and families. Most recently Janice assisted in the development of a holistic program to help Aboriginal families heal from sexual abuse. We are very excited to have such an excellent addition to our collaborative team.



Janice Shigemi

Over the past year, the program continued to work closely with other agencies such as the Child and Adolescent Protection Centre, the Zebra Child Protection Centre, and Safehouse. All of these agencies continue to consult and refer to our program, and our team involvement with them is invaluable.

In addition to providing individual counseling services, the Child and Adolescent Program has been involved in presentations at volunteer and professional training workshops. Throughout the year, both psychologists spent a great deal of time responding to a wide variety of calls from parents, school counselors, medical centers, and other organizations regarding child sexual abuse. Also, we have continued to work with Debbie Halverson from the United Way to refine our Outcome Measures Tools for the Child and Adolescent Program. The counseling department is now in the process of developing a database to analyze the outcome measures information.

Counseling for Children and Adolescents:

After reporting the sexual abuse/assault to Child Welfare and/or the police, the parent or guardian of the child or adolescent can call SACE and ask to speak to one of the Child and Adolescent Psychologists. Psychologists complete an intake process with the parent or guardian covering the background information regarding the history of the abuse/assault. Once intake is completed, an appointment is scheduled.

Counseling focuses on helping the child or adolescent cope with and resolve issues relating to the past sexual abuse or assault. Younger children typically engage in play therapy, which provides a safe forum for them to express their feelings about past sexual abuse. The Child and Adolescent Program has a well equipped playroom where the children are able to express their feelings through their play using the various therapeutic toys available (i.e. sand tray, puppets, paints, clay, etc...).

Counseling is also provided for teenagers. As the adolescents develop a trusting relationship with the psychologist, they are able to explore and resolve issues relating to their abuse or assault histories.

COUNSELING SERVICES

Adult Counseling Program

SACE appreciated the ongoing financial support of the United Way in our Adult Counseling Program. The Adult Counseling Program staff have worked diligently, offering individual and group counseling, receiving and returning intake calls, and offering consultation and information to individuals and agencies.



The Adult Program was fortunate to be joined by two Social Work students from Grant MacEwan; Nicole Dunkley, and Gail Hogarth, and a Masters level Psychology student, Eileen Noel, from Memorial University in Newfoundland. These students have gained experience assisting with research and administrative tasks, taking intake calls for the counseling departments, answering crisis calls, co-facilitating some group work, and other responsibilities in the Adult Counseling department.

We were sorry to say good bye to Karen Dushinski in June as she left to complete the practicum part of her Doctorate degree in sunny California, but we wish Karen the best as she gains more expertise working with children.

SACE continues to benefit from the skill and hard work of Adult Counselors Shirley Howarth and Becky Lee. Despite the counselors' busy schedules, they have begun developing new ways to track statistics and measure success with the ongoing Outcome Measures Initiative from United Way.



Becky Lee

In the early stages of healing, I can tell you from experience, a counselor who is honest and well trained can mean the difference between life and death. I felt Becky was completely trustworthy...

SACE Client

The adult clients at SACE may attend up to ten individual sessions with a counselor. Counseling focuses on helping clients feel more stable, and providing education and support around sexual assault, as well as tools to assist with healing. Typically, once they complete the individual program, they continue on with SACE's group program, which is run by Shirley Howarth.

Group Counseling:

A variety of programs are offered at SACE that address the effects of sexual assault, and support those that have been affected by sexual violence. There is a maximum of ten clients per gender specific group with two facilitators conducting each group.



Shirley Howarth

Information Series: This group runs two hours a week for three weeks and provides clients, their support people, and professionals with information regarding the healing process and about the group programs available through SACE.

Adults Molested as Children (AMAC 1 & 2): These groups runs three hours per week for fourteen weeks. It combines group exercises, discussion, and handouts on pertinent issues such as: feelings toward the offender, body image, and overcoming the effects of abuse. Participants must be 18 or over and must complete an initial screening interview. The AMAC 2 group builds on the skills gained in AMAC 1, and allows survivors to continue to receive support and education.

Sexual Assault Survivors: This group runs three hours a week for ten weeks. It addresses the trauma of sexual assault through discussion and exercises.

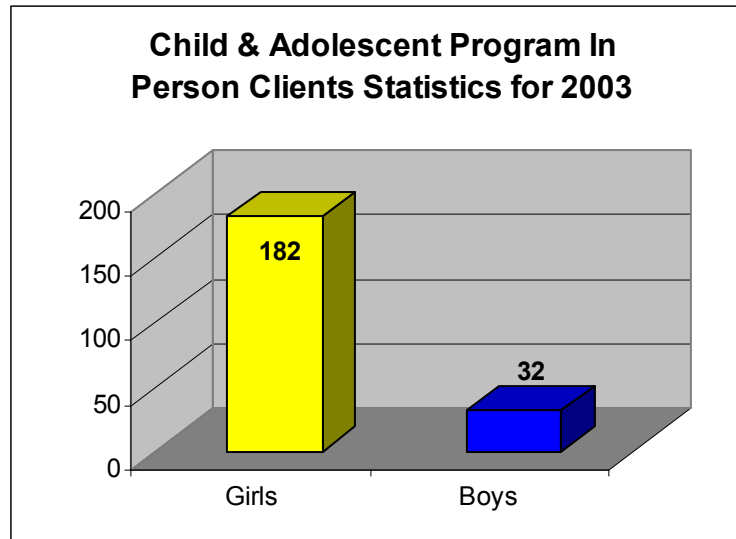


The group sessions changed my life and started me on the road to healing!

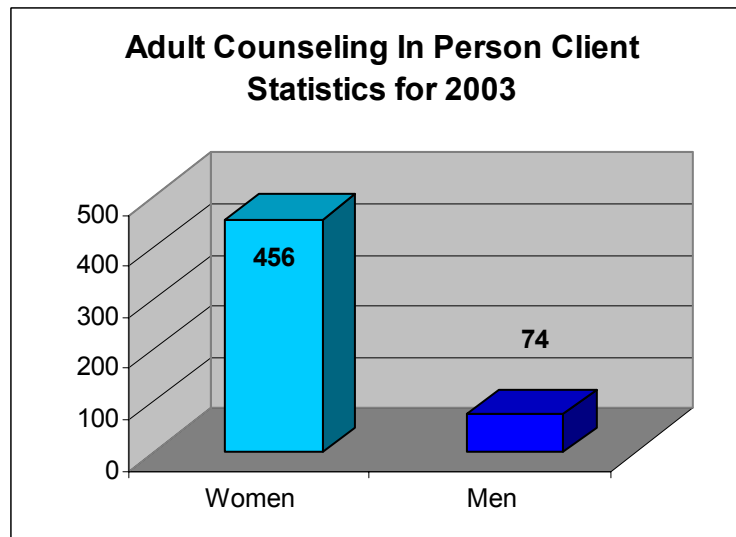
Survivor

New furniture for the Group Room!

COUNSELING STATISTICS 2003



Total Child and Adolescent Client Hours: 1500
Total Number of Child and Adolescent Consultation Hours: 300



Total Adult Client Hours: 2250
Total Number of Adult Consultation Hours: 550

DIVERSITY OUTREACH PROGRAM



Mary Banda

The Diversity Outreach Program focuses on establishing relationships with diverse communities within the Edmonton area. SACE identifies diverse communities as people of various ethno-cultural backgrounds, senior citizens, persons with disabilities, and sexual minorities.

In the past year, Diversity Outreach Worker, Mary Banda, provided these communities with education regarding sexual violence, its impact on survivors, myths that surround sexual violence, and the laws that apply. Additionally, the Diversity Outreach Worker provided crisis intervention, and counseling with individuals and consultation with community agencies that work with clients of diverse backgrounds.

Presentations & Workshops:

In 2003, the Diversity Outreach Program and the Public Education Program worked together presenting workshops to Native Elders, Sudanese, Chinese, Filipino, and Congolese women, and youth groups. They covered topics such as sexual assault, child sexual abuse, and sexual harassment, focusing on legal definitions and individual rights and responsibilities. The Diversity Outreach Program strives to customize workshops to fit the unique needs of the participants. In the past year, we were able to reach over 250 participants and provide individual support to over 20 people.

SACE was proud to offer, for the first time, Sexual Assault/Crisis Intervention Training customized for ethno-cultural communities. We had over 30 participants registered in February sessions and the training was well received in the communities. A special thanks to the Edmonton Community Adult Learning Association (ECALA) for making this possible.

Additional thanks to Planned Parenthood, the Elder Abuse Response Team, Canadian Mental Health Association, Persons With Developmental Disabilities, and Lenore LeMay for giving their time and expertise.

I am finding it difficult to find the words to express my gratitude toward the people working in the centre. SACE has been our most valuable resource, source of support and irreplaceable safe haven. I know that with the support of SACE staff, our family will be able to heal — for that, thanks seems inadequate.

Mother of Survivor

Collaboration and Consultation:

The Diversity Outreach Program continues to collaborate closely with the following organizations in initiatives against family violence: White Buffalo Native Youth Programs, Changing Together: A Center for Immigrant Women, Catholic Social Services, the Mennonite Center for Newcomers, Canadian International College, Multicultural Health Brokers Co-op, Multicultural Mental Health Brokers, ASSIST Chinese Community Services, Alliance Jeunesse-Famille de L'Alberta Society, Islamic Social Service, and Planned Parenthood.

Committee involvement:

We continue to work with Ethno-Cultural Consultation Coalition group to provide education to organizations to enhance their capacity to provide services to families in ethno-cultural communities. As part of the Legacy Team Committee, we are also committed to addressing the issues of information gaps about family violence and sexual assault in immigrant and refugee communities

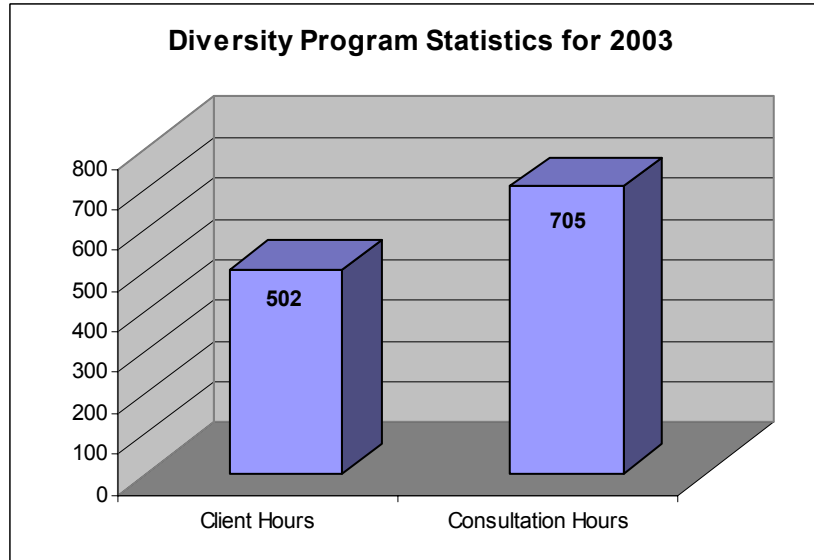
Cultural Brokers:

We were excited to hire Jenni Chui and Shaista Durani in contract positions as Cultural Brokers with Chinese and Islamic communities. The Brokers acted as liaisons generating collaborative opportunities between SACE and Chinese and Islamic communities.

It is well to remember that the entire population of the universe, with one trifling exception, is composed of others.

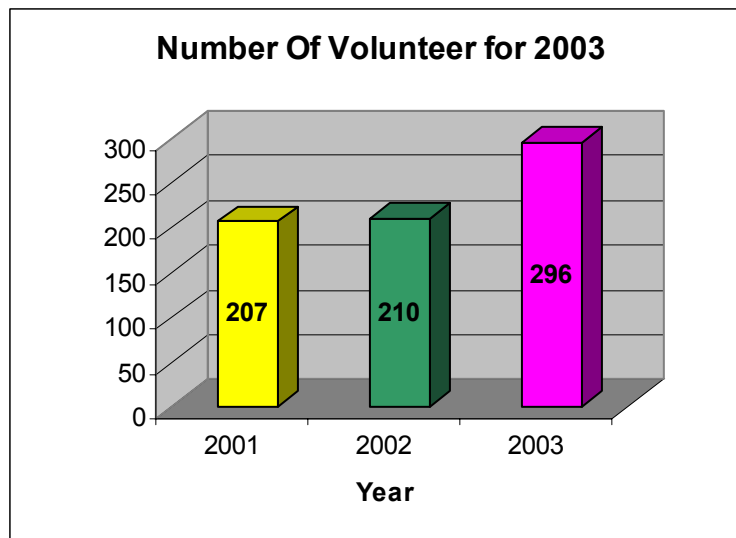
— Andrew J. Holmes

DIVERSITY OUTREACH PROGRAM STATISTICS 2003



Total Diversity Program Client Hours: 502
Total Number of Diversity Program Consultations: 705

VOLUNTEER SERVICES STATISTICS 2003



Total Volunteer Hours for 2003: 25,600

VOLUNTEER SERVICES

2003 was an exciting and successful year for the SACE Volunteer Department. We always appreciate the opportunity to work with so many talented and truly inspired volunteers, and it is a genuine pleasure to see people from the community donating their time and talents to SACE.

At the Sexual Assault Centre of Edmonton our warm spirited volunteers provide enthusiasm and diversity to our entire program and play a crucial role in our daily operation. With 211 active volunteers donating time, talents, insights, and energy in all aspects of the agency we are able to provide quality service to our clients.

It is crucial that every victim and survivor affected by sexual assault or sexual abuse have somewhere to turn when they feel they are in crisis or personal distress. Our volunteers offer a safe, confidential, empathetic and non-judgmental resource on our 24-hour crisis line. Each volunteer who chooses this experience receives an extensive 50-hour training program in affiliation with several other agencies that volunteer information and training in their area of expertise. Volunteer training is offered four times annually and consists of information on: sexual assault, child sexual abuse, adults molested as children, sexual harassment, suicide intervention, communication skills, and legal and medical issues. Upon successful completion of a written exam, volunteers then assume the responsibility of accepting crisis calls.

SACE sincerely appreciates the financial support for the 24-Hour Crisis Line from the United Way of the Alberta Capital Region. In terms of evaluating measurable outcomes, we have learned from our Volunteer Satisfaction Survey, that volunteers appreciate the training provided, as well as the support received from staff and other volunteers. They value this opportunity to give back to the

I am an adult survivor of childhood sexual abuse and have worked through my own issues over the past year. Recently I volunteered at the Sexual Assault Centre of Edmonton to help others in their journey of healing. In collaboration with various agencies around the city they offer many services to men and women who are sexually assaulted or abused. The extensive volunteer training program was excellent and with my new knowledge I feel ready and eager to offer my services to this excellent organization.

Volunteer Irene H.

community while continuing to grow in their personal lives.

Our office support volunteers keep us organized and on top of our many projects. We have many volunteers who commit their time to help with fundraising activities such as, casinos and bingos. Still others volunteer their time in co-facilitating group counseling sessions.

Working on this side of the counter is an interesting volunteer experience as it has offered me insight and a true appreciation of the day-to-day operations of an agency and the positive synergy that is very evident among everyone who is an integral part of the SACE team.

Volunteer Lisa M.

Our 2003 Volunteer Appreciation Picnic in the Park celebration was held at Emily Murphy Park in May to honour all of our volunteers who continue to make our community a healthier place to live. The staff prepared a fantastic buffet and many wonderful and caring Edmontonians from the business and community sectors generously donated prizes. This year Rod G. was the recipient of our 2003 *Volunteer of the Year Award*. Rod joined our volunteer force in 1987 and has given SACE thousands of personal hours. Rod's volunteer contributions to the centre have included crisis line intervention, courier service, furniture building, and recruiting his other family members as SACE volunteers. Thank you Rod for your continued support.

Summer of 2003 brought us fantastic summer student Katie Simmons who put out public service announcements, recruited volunteers, and made handouts.

On November 25 we held our *Seasons Greetings* annual potluck party, which is always a lot of fun. The "white elephant" gift exchange is always the highlight of the evening, and definitely demonstrates the creativity and sense of humour of our volunteers.

The Sexual Assault Centre of Edmonton continues to prosper and advance because of the support of all our volunteers, Board of Directors, stakeholders, staff, and the community. I welcome an eventful and dynamic 2004.

Heather Bell
Director of Volunteer Services



PUBLIC EDUCATION

The Public Education Program had a great year in 2003! The two full-time staff members: Tarra Mitchell and Liana Frerichs, implemented many new programs this year, as well as conducting a number of successful seminars related to sexual violence. SACE appreciates the financial support of FCSS for the Public Education Program.

In 2003, we delivered 312 presentations and workshops within schools, community groups and other agencies. We reached over 10,000 participants whose ages, occupations, and cultural backgrounds were diverse. In addition to presentations, we mailed, faxed, directed to our web site, and spoke with numerous individuals and groups who requested verbal and written information.

The Public Education staff represents SACE in the community by serving on many committees. These committees include: Peer Education Committee Expecting Respect; Interagency Committee on the Spousal Abuse of Women; Diversity Project; Family Violence Prevention; Children and Family Violence Working Group; Alberta Association of Services for Children and Family; Community Initiatives Against Family Violence; The International Women's Day Committee; Building Bridges; Sex Positive Working Group and the Edmonton Area Sexual Assault Centres' Public Education Committee.

Due to a very successful campaign the child safety kit, known as S.P.E.A.K. (Safety & Prevention Education and Awareness Kit) was introduced to many preschools and daycares in Edmonton and surrounding area. This project provides valuable information to young children, and its use is promoted in schools and other educational settings. We are pleased to report that the program has been very well received and feedback from the community has been extremely positive. We conducted 4 training sessions in 2003 with over 70 attendees and we continue to receive requests for training in 2004. We will be holding training sessions on a regular basis throughout the year at SACE while we continue to train individual agencies in the community.

The Sexual Assault Awareness Seminar (SAAS) was expanded to two days in order to include both a Level 1 and a Level 2, allowing for the incorporation of advanced levels of presentations and discussion. The seminars were held on

November 27 and December 4 at the Zebra Child Protection Centre. They were a great success with attendance of over 40 individuals in each session. This workshop was designed to bring a greater awareness of sexual assault and the needs of survivors to members of the helping professions.

Several topics were covered during the SAAS including sexual harassment, rape drugs, child sexual abuse, adults molested as children and aboriginal survivors. We received wonderful feedback from the participants as well as many helpful suggestions for our next seminar, which we look forward to hosting in April, 2004.

"The presentation was excellent and extremely informative!"

-Sexual Assault Awareness Seminar Atten-

The Rape Drugs Project, completed in 2001 and expanded in 2002 to include coasters and matchbooks, has been widely distributed in the community and feedback has been very supportive. The posters, coasters and matchbooks were distributed to many of the bars and lounges in the city and were very positively received. As well, we have been implementing a thorough educational package, including an excellent presentation and resource material. Our educational package has been included in the majority of presentations given by the Public Education Department and has been received with a great deal of interest and appreciation.

The summer of 2003 brought us a skilled STEP student to help research and design PowerPoint Presentations for the Public Education Department. Shayne Mugford, a Masters student in Humanities Computing at the University of Alberta, did a fantastic job designing informative and eye-catching presentations.

Future Directions - 2004:

We will continue to take a closer look at our outcome measures. Review sessions early in the year will ensure that our measurement tools are as effective as possible. In the coming year we will be working to get more informational material out to the community. We expect to have a greater number of presentations with more participants reached, due to increased awareness of our services.

PUBLIC EDUCATION

Once again, internet safety has become a pressing issue for youth with recent cases in which young children were allegedly assaulted by a person they met online. The Public Education Department will step up our promotion of internet safety through presentations for students, teachers and parents.

The Public Education team will become more involved with the Expecting Respect Program in 2003; we feel the contribution of this program is invaluable to junior high and high school students. We will become involved with 3 new committees that will address issues such as the content of presentations as well as re-working the current teaching models.

We continue to work on our ongoing projects including updating written materials, integrating new information and new technology into our existing presentations, and constantly educating

ourselves as to new information and developments in the area of sexual violence.

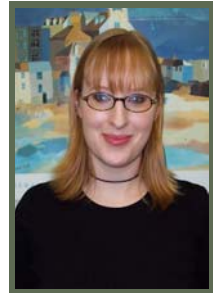
“Very informative, comprehensive, and well presented.”

- Sexual Assault Presentation Attendee



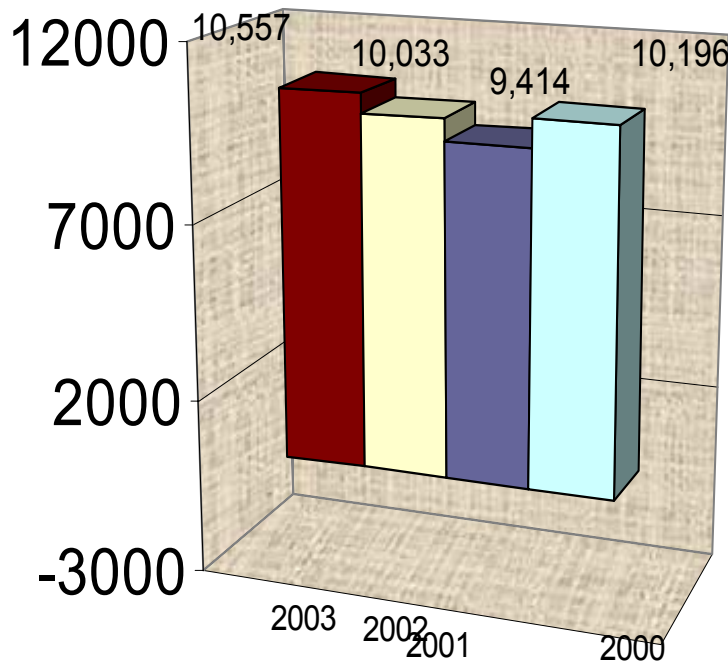
Tarra Mitchell

**Tarra Mitchell
and
Liana Frerichs
Public
Educators**



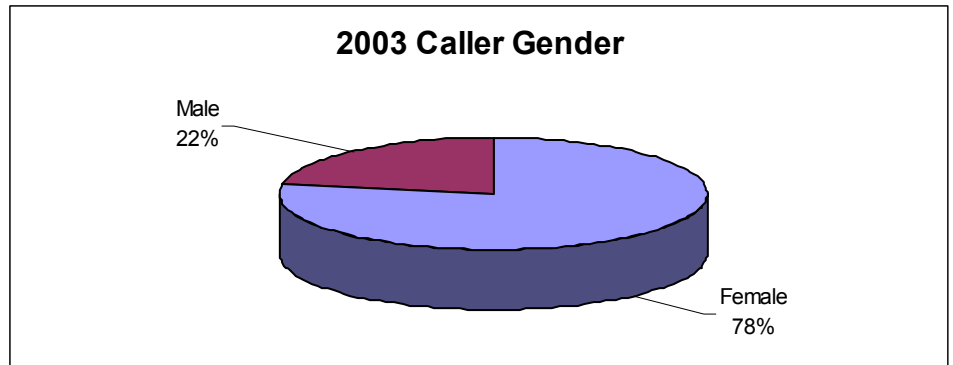
Liana Frerichs

Public Education Number of Participants

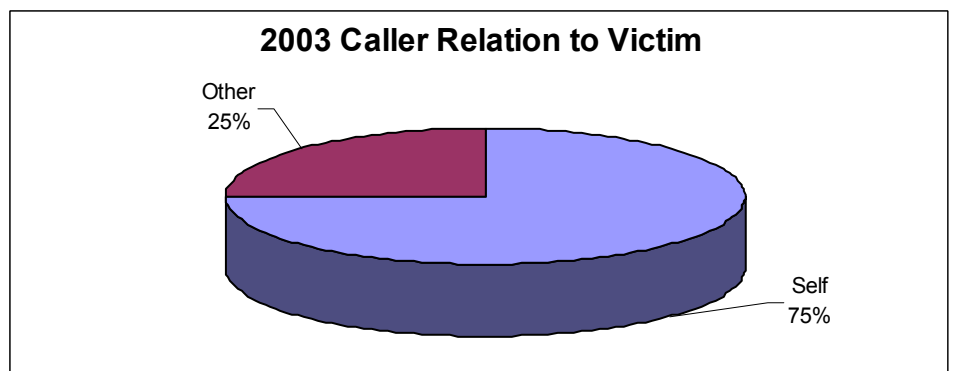


24 HOUR CRISIS LINE STATISTICS FOR 2003

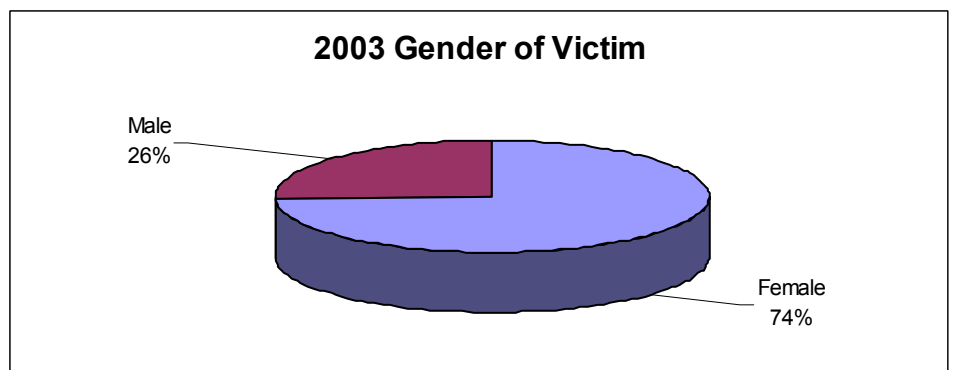
2003 Call Gender		
Status	Quantity	Percent
Unknown	230	2%
Known	9,009	98%
Totals	9,239	100%



2003 Caller Relation to Victim		
Status	Quantity	Percent
Unknown	0	0%
Known	9,239	100%
Totals	9,239	100%

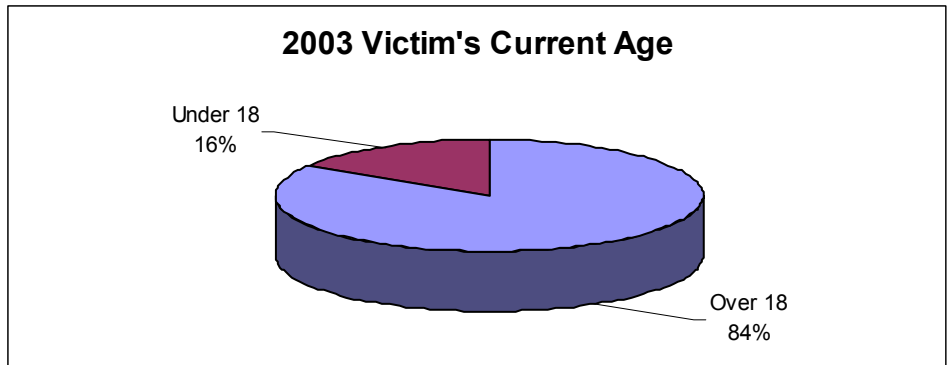


2003 Gender of Victim		
Status	Quantity	Percent
Unknown	1,374	15%
Known	7,865	85%
Totals	9,239	100%

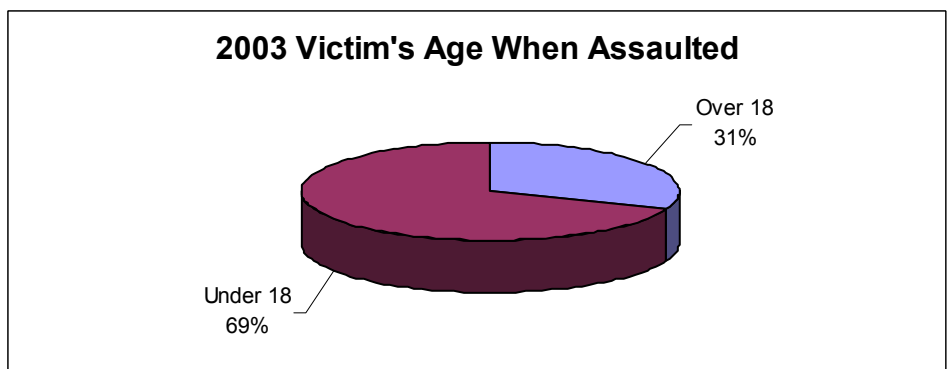


24 HOUR CRISIS LINE STATISTICS FOR 2003

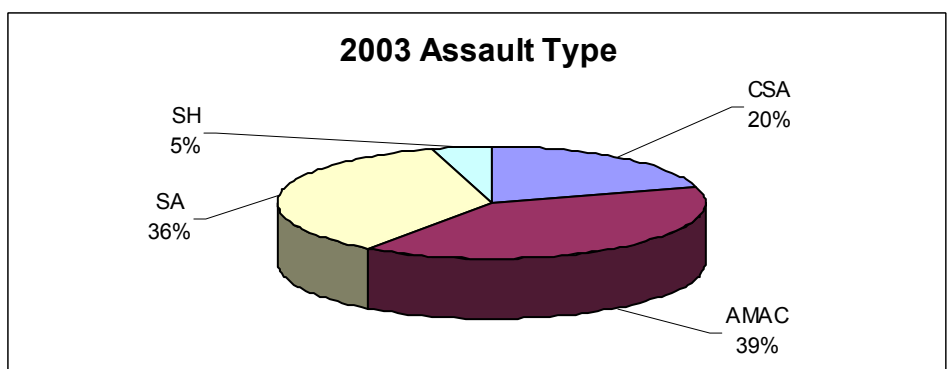
2003 Victims Current Age		
Status	Quantity	Percent
Unknown	2,438	26%
Known	6,801	74%
Totals	9,239	100%



2003 Victims Age When Assaulted		
Status	Quantity	Percent
Unknown	4,192	45%
Known	5,047	55%
Totals	9,239	100%



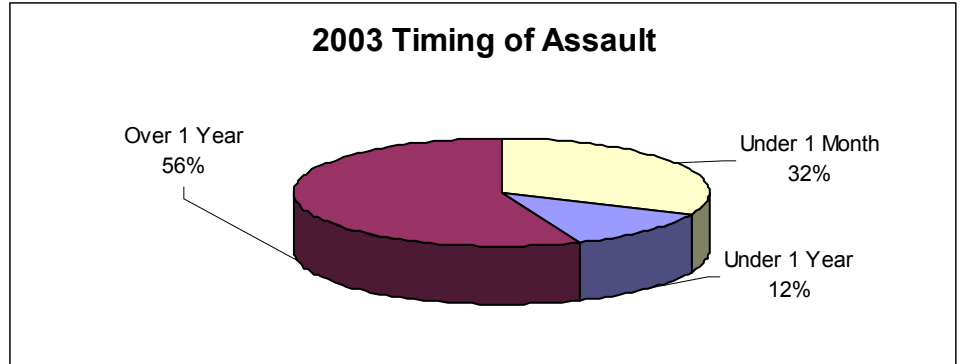
2003 Assault Type		
Status	Quantity	Percent
Unknown	2,855	31%
Known	6,384	69%
Totals	9,239	100%



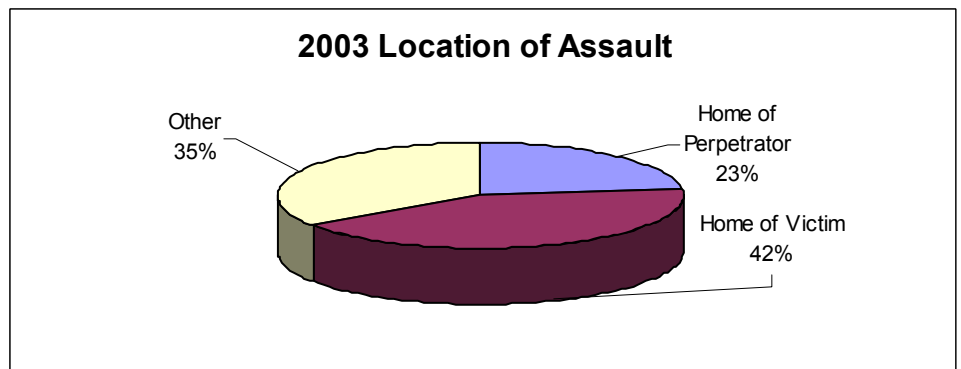
SH — Sexual Harassment
 SA — Sexual Assault
 CSA — Child Sexual Abuse
 AMAC — Adults Molested As Children

24 HOUR CRISIS LINE STATISTICS FOR 2003

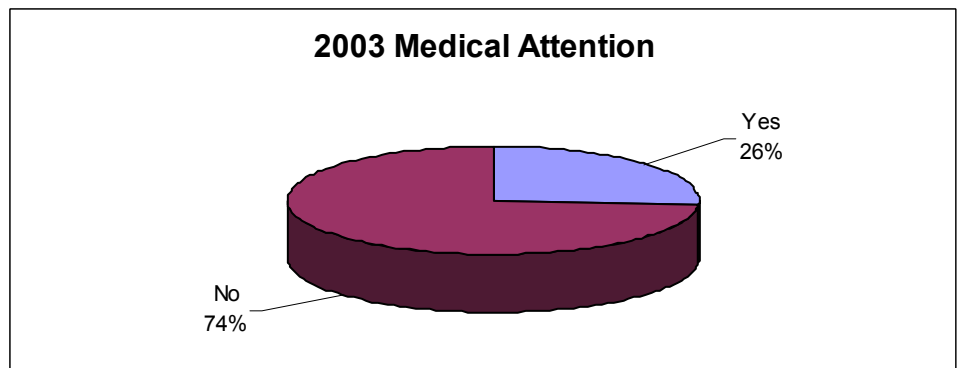
2003 Timing of Assault		
Status	Quantity	Percent
Unknown	4,598	50%
Known	4,641	50%
Totals	9,239	100%



2003 Timing of Assault		
Status	Quantity	Percent
Unknown	5,844	63%
Known	3,395	37%
Totals	9,239	100%

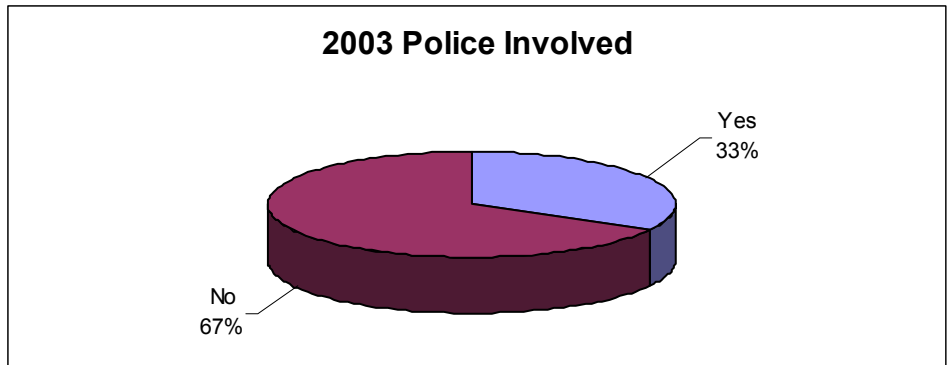


2003 Medical Attention		
Status	Quantity	Percent
Unknown	6,266	68%
Known	2,973	32%
Totals	9,239	100%

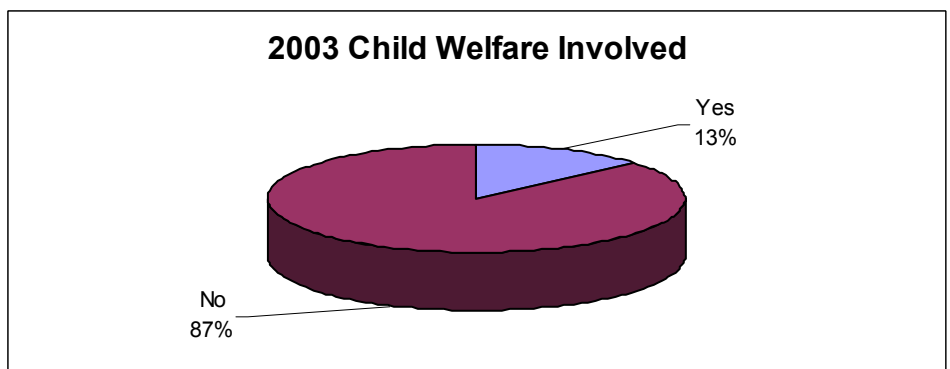


24 HOUR CRISIS LINE STATISTICS FOR 2003

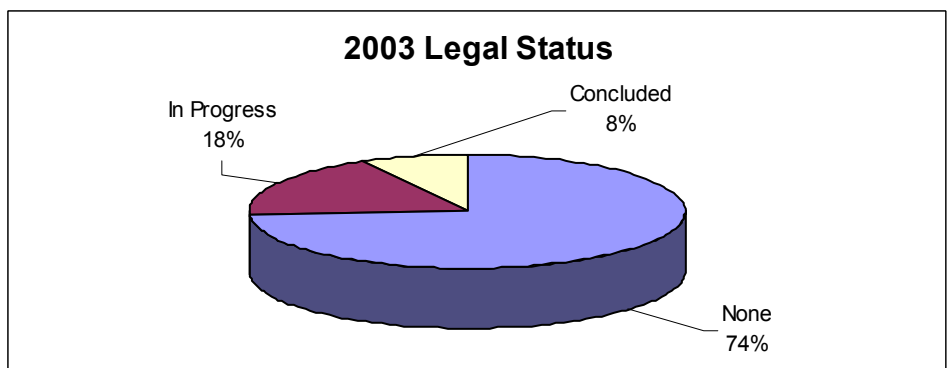
2003 Police Involved		
Status	Quantity	Percent
Unknown	5,571	60%
Known	3,668	40%
Totals	9,239	100%



2003 Child Welfare Involved		
Status	Quantity	Percent
Unknown	6,662	72%
Known	2,577	28%
Totals	9,239	100%

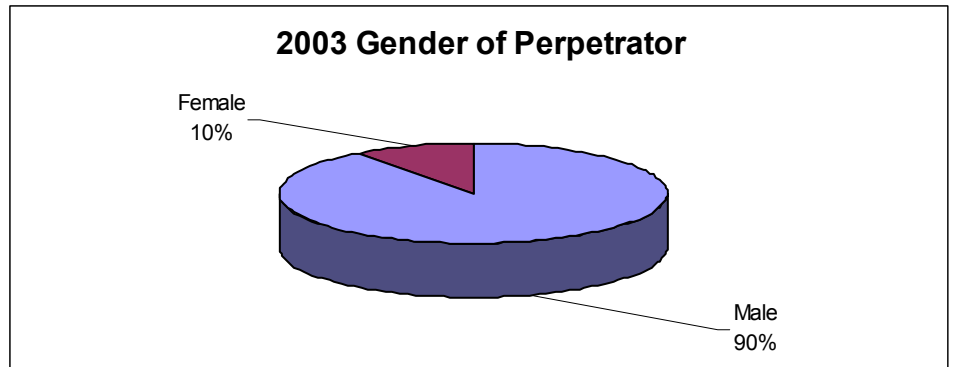


2003 Legal Status		
Status	Quantity	Percent
Unknown	5,748	62%
Known	3,491	38%
Totals	9,239	100%

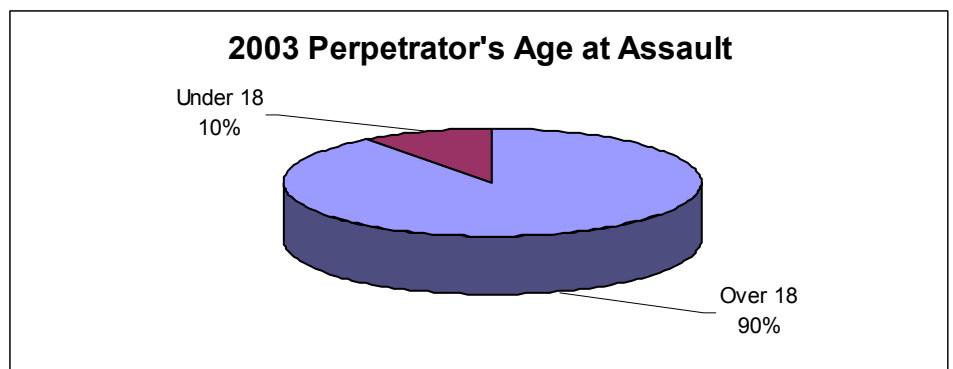


24 HOUR CRISIS LINE STATISTICS FOR 2003

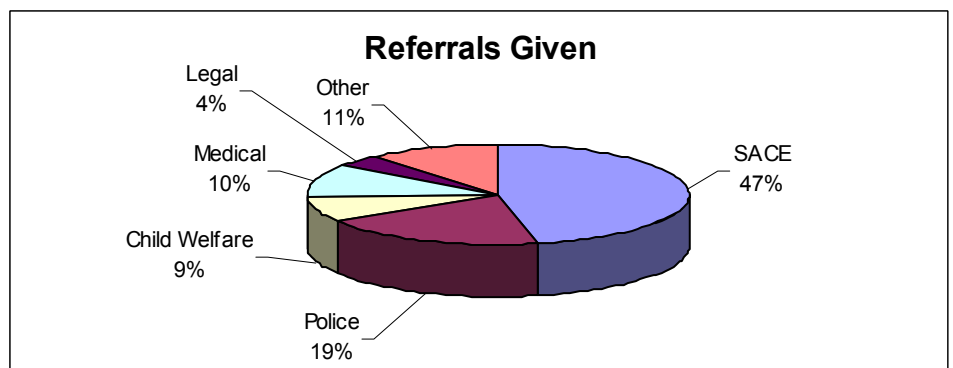
2003 Gender of Perpetrator		
Status	Quantity	Percent
Unknown	4,315	47%
Known	4,924	53%
Totals	9,239	100%



2003 Perpetrators Age at Assault		
Status	Quantity	Percent
Unknown	5,817	63%
Known	3,422	37%
Totals	9,239	100%

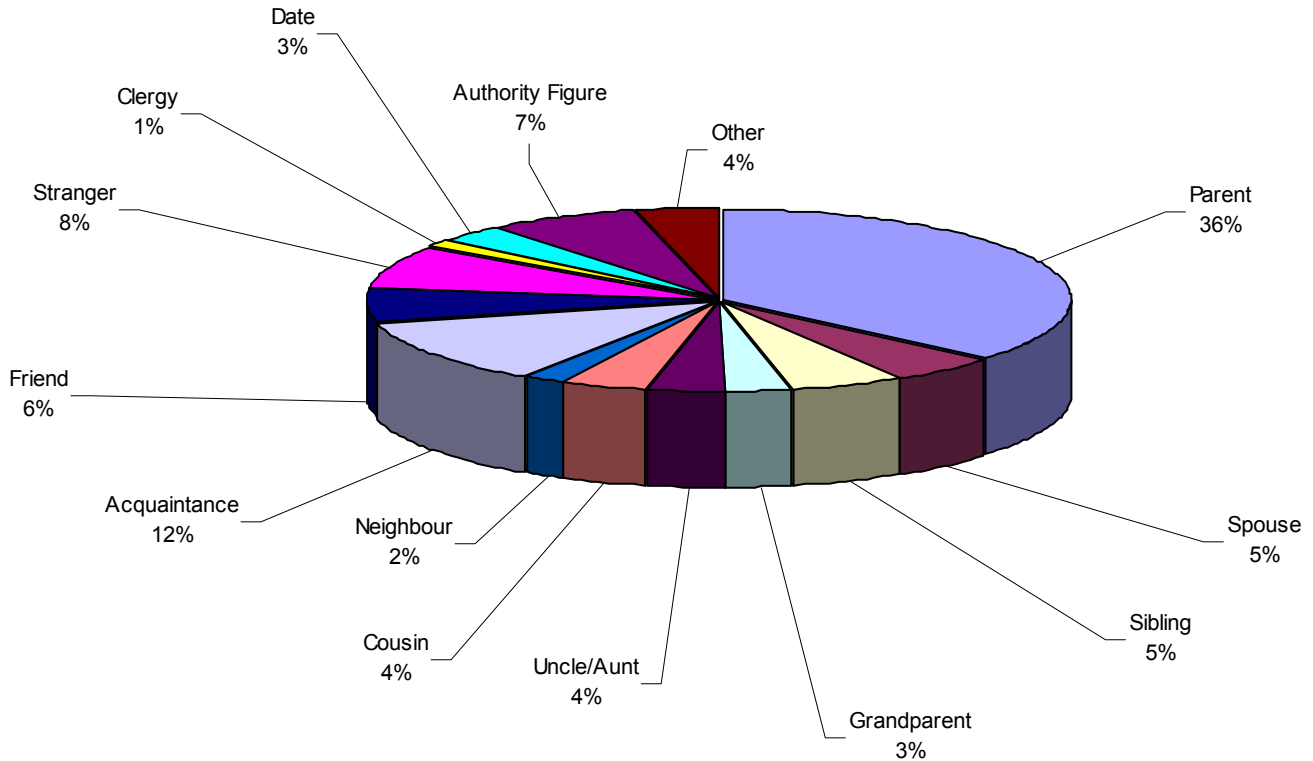


2003 Referrals Given		
Status	Quantity	Percent
Unknown	2,529	27%
Known	6,710	73%
Totals	9,239	100%



24 HOUR CRISIS LINE STATISTICS FOR 2003

2003 Perpetrator's Relation to Victim

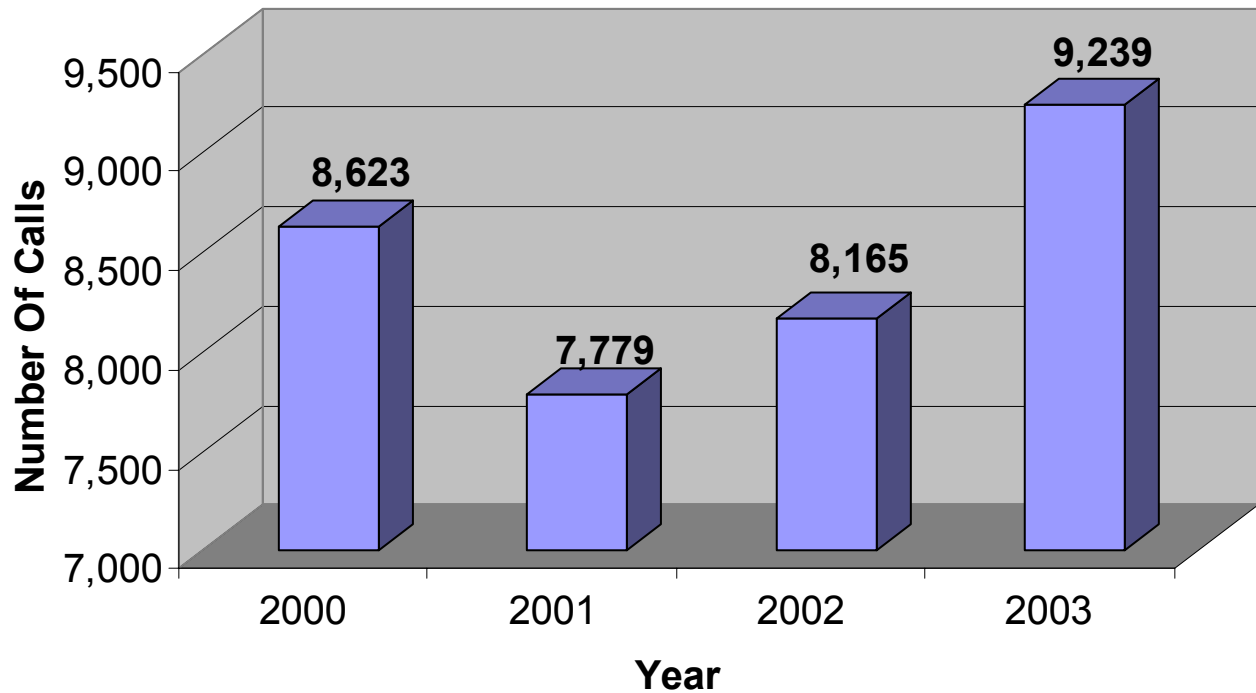


2003 Perpetrator's Relation to Victim

Status	Quantity	Percent
Unknown	4,855	53%
Known	4,384	47%
Totals	9,239	100%

24 HOUR CRISIS LINE STATISTICS FOR 2003

Total Calls by Year



Total Calls by Year	
2000	8,623
2001	7,779
2002	8,165
2003	9,239



SEXUAL ASSAULT CENTRE OF EDMONTON

providing crisis intervention - information - counseling - public education



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Thanks to the RCMP "K" Division for their generous donation of the printing of this document.