



# SEXUAL ASSAULT CENTRE OF EDMONTON

## 2004 ANNUAL REPORT



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Edmonton, AB T5V 1A3

Phone: (780) 423-4102  
Fax Line: (780) 421-8734  
24-Hour Crisis Line: (780) 423-4121

website: [www.sace.ab.ca](http://www.sace.ab.ca)

e-mail: [info@sace.ab.ca](mailto:info@sace.ab.ca)





## Mission

The Sexual Assault Centre of Edmonton exists to:  
Empower individuals affected by sexual abuse and assault;  
Empower communities to take action against sexual violence.



## Core Beliefs

We believe...

Sexual violence is an abuse of power and trust;  
People can heal;  
In valuing diversity and respecting all people;  
Individuals should be free to make their own life choices;  
Each person should have the opportunity to learn and grow;  
In creating a safe environment and maintaining confidentiality;  
Inability to pay should not be a barrier to receiving service;  
In providing support and advocacy for people who have been affected by sexual violence;  
Services must be accessible to children, adolescents, women and men;  
Communities must take action to protect vulnerable people and to become free from violence;  
Offenders, not victims, must take responsibility for violence;  
Teamwork is essential;  
Volunteers are crucial to our agency and provide a link to the community;  
In working with other agencies to further common goals.



# BOARD OF DIRECTORS

## Chair



J. Denise  
Watson

## Vice Chair



Susan  
Jamieson

## Secretary



Pat  
Harrish

## Past Chair



Jon  
Popowich

## Treasurer



Ryan  
Schetzle

## Board Members



Claire  
Dallaire



Maryann  
Stepien



Sherry  
Melney



Mary  
Frances  
Fitzgerald



Deb  
Jolly



John  
Ratcliff

# PERSONNEL

## Executive Director

Karen L. Smith

## Office Manager

Belinda Roth

## Financial Administrator

Deb Gouchey

## Director of Client Services

Janice Shigemi

## Child and Adolescent Therapist

Karen Dushinski

## Adult Counsellors

Shirley Howarth

Becky Lee

## Diversity Outreach Worker

Mary Banda

## Director of Volunteer Services

Heather Bell

## Public Educators

Tarra Mitchell

Liana Frerichs

# VOLUNTEERS

Adam F.	Cheryl G.	Gerry B.	Kathlene S.	Michelle H.	Scott C.
Agnus K.	Cheryl Y.	Gerry B.	Katrina H.	Michelle H.	Sean O.
Alana P.	Chris B.	Gina B.	Kayla S.	Mike W.	Shane M.
Alicia C.	Claire D.	Glenis S.	Keith G.	Millie H.	Sharon B.
Alicia S.	Claire K.	Gloria M.	Keith R.	Natasha W.	Shawn W.
Alison D.	Comfort C.	Glynis T.	Keith W.	Nicki S.	Sheena R.
Allison M.	Core E.	Gwen G.	Kelly C.	Nicole D.	Sheila G.
Amanda H.	Corinne K.	Hayley R.	Kenneth T.	Nicolous J.	Sheldon F.
Amber M.	Corrine K.	Heather B.	Kim A.	Norma S.	Sherry M.
Amber M.	Danna Z.	Heather W.	Kris S.	Olga B.	Sherry S.
Ana G.	Danny G.	Heidi A.	Kristen L.	Pamela B.	Shirely O.
Andre P.	Dave H.	Hilda Clara B.	Kristine F.	Pat C.	Shirley H.
Andrea H.	Dave M.	Irene H.	Krystal M.	Pat D.	Shirley T.
Angela C.	David W.	Irene H.	Larissa P.	Pat H.	Sholly S.
Angela T.	Dawn S.	Jackie Y.	Laura B.	Pat M.	Sonia S.
Anjili S.	Deb G.	Jana A.	Lauren C.	Patricia G.	Sonia T.
Anne Marie W.	Deb J.	Janet B.	Lauren C.	Paula G.	Sonia Z.
Anne P.	Debbie G.	Janice D.	Lawrence S.	Paula G.	Steve B.
Anne R.	Debbie S.	Janice S.	Leanne B.	Pauline W.	Susan B.
Ausha S.	Debra H.	Janine D.	Liana F.	Quena S.	Susan J.
Ayalah A.	Debra W.	Janine T.	Lillian G.	Quman N.	Susan M.
Bahar M.	Debra W.	Jason H.	Linda K.	Rainy L.	Susanne S.
Barb J.	Del B.	Jen B.	Linda O.	Ramona C.	Sybelle B.
Barb M.	Denise W.	Jennifer B.	Linda V.	Rebecca L.	Tammy H.
Barb S.	Derrick M.	Jill S.	Lisa D.	Reg M.	Tarra M.
Barb. P.	Desiree C.	Joan G.	Lisa K.	Rhonda B.	Tasha D.
Beatrice K.	Diane C.	Joan H.	Lisa M.	Rhonda W.	Taska B.
Becky L.	Donna G.	Joan L.	Louise M.	Rick L.	Teresa L.
Belinda R.	Doreen A.	Joanne B.	Lynne J.	Rita B.	Tess S.
Betsy Z.	Doreen B.	Jocelyne P.	Lynne P.	Robert P.	Tia W.
Betty M.	Doreen C.	John R.	Madeline K.	Robin M.	Tonya R.
Bill P.	Doreen G.	Jon P.	Mandy B.	Robin M.	Vicki B.
Bill T.	Doreen J.	Joy F.	Marcie R.	Rod G.	Vivian L.
Bonnie S.	Ed H.	Joyce M.	Maria H.	Roger C.	Wade W.
Brad P.	Eileen N.	Joyce M.	Marilyn C.	Roxanne B.	Yvonne F.
Brenda H.	Elaine B.	Julia M.	Marion D.	Rubab M.	Yvonne S.
Brian M.	Elaine T.	Julia M.	Marion G.	Ruby W.	
Calvin K.	Ellen H.	Julie C.	Marion M.	Ruth S.	
Candace B.	Emily T.	Julie C.	Marlene B.	Ryan R.	
Carman A.	Erin B.	Julie P.	Mary B.	Ryan S.	
Carrie E.	Evelyn A.	Juliet S.	Mary Frances F.	Salina H.	
Carrieanne C.	Felix Y.	Karen D.	Maryann S.	Sara J.	
Cathy S.	Flora S.	Karen G.	Maureen B.	Sara T.	
Cathy W.	Forence R.	Karen K.	Mavis M.	Sara W.	
Chantel P.	Gail H.	Karen S.	Megan M.	Sarah F.	
Charlotte F.	Gail H.	Karri K.	Megan M.	Sarah S.	
Cheryl G.	Gene Z.	Kateland H.	Merideth P.	Sasa S.	

# MESSAGE FROM THE CHAIR

## Chair



J. Denise  
Watson

2004 continued to present obstacles and opportunities for SACE. As with all not for profit social service agencies, SACE encountered the challenges of obtaining on-going sustainable funding in the face of increasing demands for service. The diligence and resourcefulness of the staff and volunteers allowed SACE to remain within budget yet again while at the same time ensuring that our 24-Hour Crisis Line, Counselling Program, Public Education Program, and Volunteer Program, continued to provide essential and highly valued services to the community. Notwithstanding the ever present financial pressures, SACE has been successful in expanding services in some areas, and in particular within diverse communities.

On behalf of SACE I would like to thank the United Way of the Alberta Capital Region, the City of Edmonton Family and Community Support Services (FCSS), Allan Edie, Capital City Savings Kids Foundation, Edmonton Community Foundation, the Royal Alexandra Hospital Employees Charitable Fund, Civic Service Union 52, Allard Foundation, and the Caritas Health Group Employees Charitable Fund for their continued support. Additional funding from FCSS has allowed SACE to create an additional Public Educator position. I would also like to recognize our new funding partners, the department of the Alberta Solicitor General and ECALA. SACE is also supported by the contributions of many individual donors and we thank these donors for supporting the mission of SACE.

The SACE Board continues to update and refine our Strategic Plan and continues to work with our Executive Director to ensure that we remain accountable to our funders, clients, and the community for the delivery of our services.

2004 saw the addition of new Board Member Roxanne Beaubien for a few short months until employment opportunities took her to Ontario. Her contribution to our communication strategy was highly appreciated and she is greatly missed. This fall our board focused on recruitment, and were successful in attracting

three new Board Members who will be presented for election on March 23rd 2005. Each Board Member brings unique skills and experiences to enrich the Board, and it has been very rewarding to be part of this team. I thank the entire board for their tireless dedication to the SACE mission.

It has also been very rewarding to work with and witness the tremendous commitment and boundless energy of the SACE staff and volunteers. I was honoured to attend the party celebrating Shirley Howarth's 20th year working for SACE, and would like thank her on behalf of the SACE Board, staff, volunteers, and clients, for her long-standing commitment to SACE. I would also like to recognize the leadership of our Executive Director, Karen L. Smith. SACE continues to be recognized as a centre of excellence in the delivery of services to survivors of sexual assault as well as education to the wider community. Karen has been vital to fostering close working relationships with our funders and partner agencies, without whom we would be unable to deliver much needed services.

J. Denise Watson  
Chair

### **Violence Against Women Survey: 1993 results:**

51% of women have experienced at least one incident of physical or sexual violence

60% of these victims experienced more than one sexual assaults

greatest risk is from those you know (not strangers)

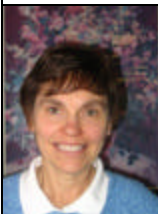
37% of Canadian women over age 18 have experienced a sexual assault

42% in women in Alberta over age 18 have experienced a sexual assault

6% of all sexual assaults are reported to the police

# MESSAGE FROM THE EXECUTIVE DIRECTOR

**Executive  
Director**



Karen L.  
Smith

In 2004, the Sexual Assault Centre of Edmonton (SACE) had another successful year in providing services to children, women and men whose lives have been impacted by sexual violence. Careful monetary management by the Board and staff allowed the continuation of high quality services within the financial parameters of the budget and the extension of services in some areas.

SACE Board of Directors developed and refined strategic priorities highlighting our relationships with clients, partners and stakeholders, building on our models of service delivery and partnerships, with a continued focus on excellence in our business practices.

SACE was instrumental in writing a proposal for the Sexual Assault Network of Edmonton (SANE) to participate in a national conference in Ottawa called "Making a Difference". Eight communities from across Canada were chosen to select a team to come together to examine ways of increasing conviction rates in sexual assault cases. Our community partners included Capital Health Sexual Assault Response Team, Capital Health Child and Adolescent Protection Centre, Edmonton Police Services Sexual Assault Section, Edmonton Police Services Domestic Violence Section, Alberta Justice Crown Prosecutors, and University of Alberta Sexual Assault Centre.

SACE has professional staff with great expertise and strong links to the community. The Client Services program, directed by Janice Shigemi provides individual and group counselling for women, children and men.

The SACE 24 Hour Sexual Assault Crisis Line, managed by Heather Bell, continued to meet the needs of 9182 anonymous callers and 271 volunteers who donated a total of 26, 439 volunteer hours.

Liana Frerich and Tarra Mitchell lead the Public Education program. In 2004, they provided our community with over 10, 801 presentations. We are delighted to have received FCSS funding to provided additional personnel in the Public Education Program.

SACE recognizes and appreciates our supporters: The United Way of the Alberta Capital Region, City of Edmonton Family and Community Support Services, Edmonton Community Foundation, A.B. Edie Equities,

Alberta Solicitor General Victims of Crime Fund, Alberta Human Rights, Multiculturalism and Citizenship, Wild Rose Foundation, Alberta Gaming Community Facility Enhancement Program, Capital City Savings Kids Foundation, Soroptimist International of Edmonton, ECALA, Allard Foundation, Caritas Health Group Staff Charitable Donations Fund, Royal Alexandra Hospital Employees' Charitable Donations Fund and Civic Service Union Number 52.

Appreciation is genuinely offered to the many local individuals who donate and support the programs and services of SACE.

It is always my pleasure to thank the SACE Board of Directors for the very valuable work they do in sharing their areas of expertise and guiding our organization forward. To Denise Watson, Susan Jamieson, Ryan Schetzlsle, Pat Harrish, Jon Popowich, Claire Dallaire, John Ratcliff, Roxanne Beaubien, Deb Jolly, Maryann Stepien, Sherry Melney and Mary Frances Fitzgerald, I appreciate your energy and commitment to making our community a better place for all of us.

SACE is very privileged to welcome Lifetime Member, former Volunteer of the Year, and former SACE Board Chair, Elaine Betchinski, to the position of Edmonton Community Representative on the Alberta Association of Sexual Assault Centres Board of Directors. Elaine was elected as the Vice President of AASAC. SACE is delighted that Elaine has taken on this role.

I extend my heartfelt thanks to the dedicated and talented staff of SACE: Belinda Roth, Deb Gouchey, Doreen Johnson, Pat Crosswell, Janice Shigemi, Heather Bell, Shirley Howarth, Becky Lee, Mary Banda, Karen Dushinski, Liana Frerichs, Tarra Mitchell, Louise MacKay, Quena Sanchez, Juliet Goodridge, Sasha Simcison, Patricia Guest, Eileen Noel, Mike Williams and Sarah Funk.

SACE looks forward to future years continuing our core services and developing new and innovative programs as our community's needs become evident. Human services needs can only be met when an individual's dignity is respected and supported. This belief is exemplified by the spirit of caring and offering hope to those who come to our door.

Karen L. Smith  
Executive Director

# TREASURERS REPORT

# STRATEGIC PLANNING



Due to the contributions of all of our supporters, 2004 was another financially successful year for SACE. The goal, as always, is to maximize the value SACE provides to the community, through the efficient use of the available resources.

At the core of our funding, are the contributions made by the United Way of Alberta Capital Region and The City of Edmonton Family and Community Support Services (FCSS). These continued contributions provide the crucial base for the valuable programs and services which SACE provides, and we are forever grateful to them. We had the pleasure of hosting members from FCSS earlier this year, and along with very positive feedback, SACE also received a generous increase to its annual funding. An increase which will provide for much needed additional services to be provided through SACE's Public Education Program.

SACE is very fortunate to have a great landlord in Allan Edie. We would like to thank Allan and his corporation A.B. Edie Equities Inc., for the personal and financial support.

We would also like to recognize our many other funding groups for their much valued contributions. Special thanks go out to The Alberta Solicitor General Victims of Crime Fund, Wildrose Foundation, Edmonton Community Foundation, Capital City Savings Kids Foundation, Soroptimist International of Edmonton, ECALA, the Allard Foundation, Caritas Health Group Staff Charitable Donations Fund, Royal Alexandra Hospital Employees' Charitable Donations Fund, and Civic Service Union #52.

The funding from our financial supporters enables SACE to provide the many essential programs and services to our community. Again we would like to thank all of them, and encourage their continued support of these great programs and services.

Ryan Schetzlsle  
Treasurer



The Sexual Assault Centre of Edmonton continues to manage its operations through a strategic planning process which was established in 2003. All initiatives are aimed at:

- 1) providing responsive and proactive services to meet emerging community and client needs;
- 2) being recognized as an essential community service, providing specialty programs to citizens impacted by sexual violence; and
- 3) increasing the SACE profile/awareness within the community of Edmonton and surrounding area.

Through an annual environmental scanning process, an analysis is made of emerging community needs. Proactive and responsive actions are then taken to ensure maximum advancement against our strategic goals, recognizing the limitations of existing financial and human resources and the need to prioritize responses based on capacity to respond to all emerging needs.

During 2004/05, strategic partnerships have been developed, through Board recruitment and funding initiatives, to enhance our efforts in addressing aboriginal, visible minority, and immigrant needs. Responsive funding initiatives have been undertaken with FCSS, Edmonton Community Foundation and the Provincial Solicitor General Department, to enhance core funding and provide new program funding for a Diversity Outreach Program.

Revenue generation initiatives have been developed through enhanced public education programs and marketing of the SPEAK (Safe Preschoolers Education and Awareness Kit).

Collaboration with the Provincial Roundtable on Family Violence and Bullying has resulted in the recognition of the need to include victims of domestic sexual violence within this high profile government initiative. SACE continues to work in a collaborative manner with AASAC on assessing a regionalized service delivery framework, identifying gaps in process, governance and stewardship, as it relates to the sexual violence portfolio.

Pat Harrish  
Secretary

# Administration Team

**Office  
Manager**



Belinda  
Roth

In October of 2003 I was welcomed to “The SACE Family”. In 2004, I was lucky enough to find out what that means. I have never in my life worked with a group of people that were so determined, caring, compatible, spirited, giving, and did I mention giving? I could go on, but I only know fifteen adjectives. Despite all the stress that comes with working in a Crisis Centre, I never heard anyone raise their voice, or utter a harsh word to another

SACE team member. When confronted with the obstacles that are inevitable in working in a non-profit organization, I never saw anything but people pitching in to help, and pushing past every reasonable expectation for the good of SACE. This is a very special place. All we need is a wisecracking animal sidekick, and someone would make a movie about us. Having said my bit, I would like to thank my administrative support team: Thanks Doreen J.: Former Volunteer of the year, and the newest of our honorary lifetime members. Thanks Cora E. who completed her 10<sup>th</sup> year of volunteering for SACE in 2004. Thanks Marion D. who always knows how to do everything I want done, and who makes me laugh. Thanks Pat Crosswell who always knows what needs to be done and does it perfectly. Thanks Karin Gilker who spent an astounding 200 hours working on our database and shows no sign of quitting yet (that’s amazing)! Thanks to summer students Mike Williams who demystified the labyrinthine tangle of our computer system for me, and Patricia Guest who taught me about metaphorical cookies. Thanks Scott Cummings: the only thing bigger than his huge arms, is his enormous heart. Thanks Ryan R. my ‘go-to’ guy. Thanks Felix Yuen, and Byte Track Computers.

**Financial Administrator  
Deb Gouchey**



**Administrative Support  
Team**



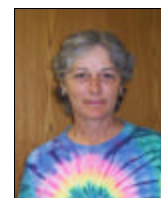
Doreen J.



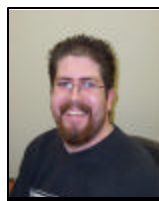
Cora E.



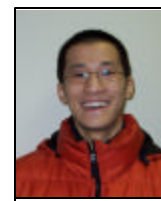
Marion D.



Pat C.



Mike W.



Felix Y.



Karin G.



Ryan R.



Patricia G.



Scott C.

**Appreciation is a wonderful thing:  
it makes what is excellent in  
others belong to us as well.**

**--- Voltaire**



# COUNSELLING SERVICES

Director of  
Client  
Services



Janice  
Shigemi

## Child and Adolescent Program

The Child and Adolescent Program at SACE offers counselling and play therapy to children aged 3 to 17 years, after the abuse has been reported to the appropriate authorities. Once a report has been made and the child has been interviewed, the parent or guardian can contact the program and ask to speak with one of the Child and Adolescent Psychologists. An intake is then completed over the phone, covering general background information and ensuring that our services will best meet the needs of the child at that time. Once the intake is complete an appointment is scheduled for the first available time. The staff work hard to ensure that SACE is a safe, healing environment for children, where they can begin to process issues related to sexual abuse and trauma. The Child and Adolescent Program has a well equipped play therapy room where younger children (and sometimes adolescents) can process trauma issues through the use of therapeutic toys and expressive arts. Our thanks to Capital City Savings Kids Foundation and the Allard Foundation for these recent purchases.

The much-needed services of the Child and Adolescent Program at the Sexual Assault Centre of Edmonton continue to be made available due to the generous financial support of the United Way of the Alberta Capital Region and the Edmonton Community Foundation. In the past year the Child and Adolescent Program has been busy meeting the needs of children and families in our community by providing timely intakes, consultation and ongoing counselling and play therapy. The program continues to work closely with referring agencies such as the Child and Adolescent Protection Centre at the Stollery Children's Hospital and the Zebra Child Protection Centre.

In March 2003, we were sad to say good-bye to Dr. J. Louise MacKay, Director of Client Services. With SACE since 1998, Dr. MacKay contributed her energy and expertise to all aspects of the center in

addition to providing counselling services to children and adolescents. Dr. MacKay is now focusing her energy on her growing private practice. We thank her for her contribution over the years and wish her all the best. Janice Shigemi, a Child and Adolescent Counsellor at SACE, accepted the position of Director of Client Services following Dr. MacKay's departure. Janice is a Chartered Psychologist with a background in consultation, program development, and counselling in the area of sexual abuse. Janice has made positive changes to general client services and has expanded the children's program through creative therapeutic additions to the play therapy room.

Child and  
Adolescent  
Counsellor



Karen  
Dushinski

SACE is very pleased to welcome Karen Dushinski, a former SACE adult counsellor, back to the counselling team. Karen spent the previous year in Sacramento, California working on her PhD internship, where she gained valuable experience working with children and adolescents in the area of trauma. Karen also has experience working with youth involved in prostitution, and brings a vast array of skills with her to SACE. Karen is a Provisionally Chartered Psychologist, and is currently working at SACE three days a week while she completes her Dissertation.

In addition to providing individual counselling services Janice and Karen spend a great deal of time consulting with the public and answering a wide variety of calls from concerned parents, school counsellors, social workers, and other organizations that deal with children. Janice is a regular presenter for both the volunteer training and professional training workshops at SACE. She also speaks at community based family conferences and is an active member of the Children and Family Violence working group of CIAFV (Community Initiatives Against Family Violence) that is currently refining a training package for front line workers dealing with children exposed to family violence.

# COUNSELLING SERVICES

## Adult Counselling Program

The Adult Counselling Program at SACE offers group and individual counselling, and court support as needed, for women and men over the age of 18 who have been affected by sexual violence. Clients may attend up to ten individual counselling sessions per year. The focus of counselling is to help people feel more stable in their lives and provide them with tools to carry on with their healing. Individual counselling also helps to prepare clients for group counselling at SACE. Financial contributions by the United Way, A.B. Equities, Alberta Solicitor General Victims of Crime Foundation, Caritas Health Group, Staff Charitable Donations, Royal Alexandra Hospital Employees Charitable Donations Fund and Civic Service Union #52 are truly appreciated.



Sasha Simcisin

In 2004 the Adult Counselling Program was kept very busy with intakes, consultations, and information calls. The staff welcomed the addition of three students to assist with adult counselling services. Among them a Masters level practicum student from Campus Alberta, Sasha Simcisin. Sasha has been working with individual clients since fall 2004, and

has lent his skills and experience to the Diversity Outreach program as well. Sasha continues to see clients on a volunteer basis at SACE. Two hard working social work students from Grant MacEwan College - Quena Sanchez and Juliet Goodridge, also joined our team. Quena and Juliet have been busy co-facilitating AMAC groups, responding to crisis calls, and assisting with research and administrative tasks. They recently completed a revision of the SACE resource manual.



Quena Sanchez

Juliet Goodridge

SACE continues to benefit from the hard work and expertise of the adult counsellors: Shirley Howarth, Mary Banda, and Becky Lee. The counsellors provide individual support in addition to running programs.

Shirley continues to organize group counselling, Becky is a facilitator for a Sexual Assault Survivors groups, and Mary has been in the community with the Diversity Outreach program as well as offering court support to clients.

Adult Counsellor



Becky Lee

The adult counselling program maintained a busy schedule in the office with clients as well as developing new ways to track statistics and measure success with ongoing initiatives from the United Way.

## Group Counselling Program

Adult Counsellor



Shirley Howarth

A variety of programs to address and overcome the effects of sexual assault are offered at SACE. Groups generally meet once per week for three hours over fourteen consecutive weeks. There is a maximum of ten to twelve clients per group with two facilitators conducting each group.

**Information Series:** This group runs two hours per week for three weeks and provides clients, their support people and professionals with information regarding the healing process and group programs.

**Adults Molested as Children (AMAC):** These groups run three hours per week for fourteen weeks. They combine group exercises, discussion and handouts on such issues as feelings toward the offender, body image, and overcoming the effects of abuse. Participants must be 18 or older and complete a screening interview. SACE also offers an AMAC 2 group which builds on the skills gained in AMAC 1 and allows survivors to continue to receive support and education.

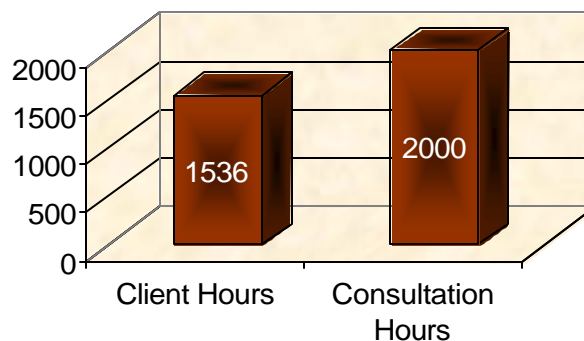
**Sexual Assault Survivors (SASS):** These groups run three hours per week for ten weeks. They address the trauma of sexual assault through discussion and exercises. Participants must be 18 or older and complete a screening interview.

# COUNSELLING STATISTICS 2004

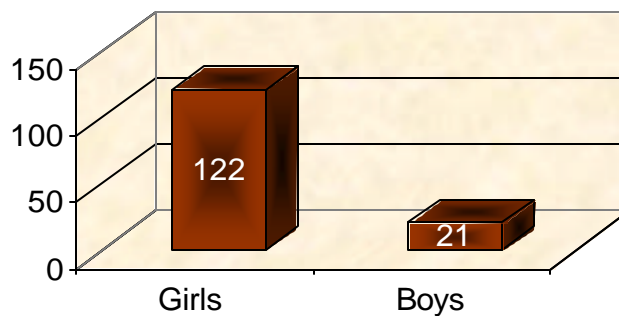
Client hours include: direct counselling, clinical notes, and report writing

Consultation hours include: telephone consultation with concerned parents, caregivers, community members, teachers, and other agencies

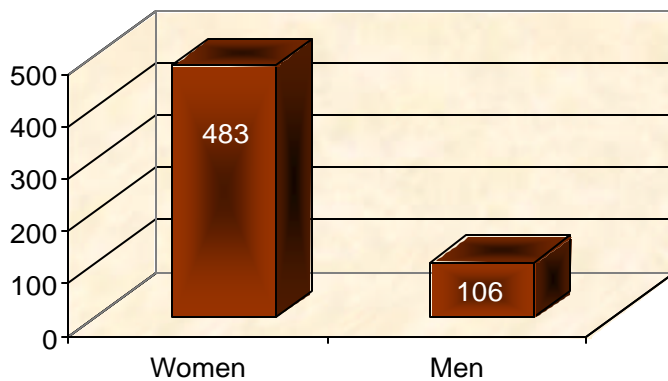
### Child and Adolescent Program: Client and Consultation Hours



### Child and Adolescent Program: Clients 2004



### Adult Counselling Program: Clients 2004



**Total adult client hours: 7198**

Total adult client hours include: individual counselling hours, group supports, note taking, and report writing

# DIVERSITY OUTREACH PROGRAM

Diversity  
Outreach  
Worker



Mary  
Banda

The Diversity Outreach Program focuses on establishing relationships with diverse communities within the Edmonton Area. In the past year the Diversity Outreach Worker provided various communities with education regarding the impact of sexual violence and the Canadian laws that apply. Additionally, the Outreach Worker provided crisis intervention, counselling, and consulting with community agencies that work with clients of diverse backgrounds. SACE identifies diverse communities as people of various ethno-cultural backgrounds, senior citizens, persons with disabilities, and gay, lesbian, bisexual and transgendered individuals.

## Professional Presentations & Educational Workshops

In the past year, the Diversity Outreach Worker was available to provide customized presentations and workshops to various targeted communities and groups identified in the program. The Diversity Outreach Program was accessed by over 800 participants providing applicable information regarding the impacts of sexual violence and the laws that apply. The program spent over 875 hours providing direct general assistance (information, intervention, and referrals) to the clients. The Diversity Outreach Worker was also available to provide assistance in court preparation (80 hours), distribute 60 Financial Benefits application packages, and 4 Victim Impact Statement packages. As a victim advocate, the Diversity Outreach Worker assisted over 60 clients accessing legal and police services. The Diversity Program would like to thank the Alberta Solicitor General Victims of Crime Fund for providing ongoing financial support.

## The Translation Project

The aim of this project is to translate information regarding sexual assault, sexual abuse, sexual harassment, and information on the subject of torture

and trauma (war rape). Pamphlets, brochures, and handouts may be available in as many as 10 different languages. This project intends to address the issues around information gaps (language barriers) regarding sexual violence in immigrant/refugee communities while generating critical knowledge about the impacts of sexual violence and war rape trauma. This undertaking will not only empower community members with accurate, relevant and reliable information, but also increase awareness of community resources and services for survivors and their families. In addition, this project will also help break down some cultural barriers, reduce isolation, and strengthen relationships between immigrant and refugee communities and the system of support. Special thanks to the Edmonton Community Adult Learning Association (ECALA) for making this possible.

## Collaboration and Consultation

The Diversity Outreach Worker collaborated and continues to work with the following organizations in initiatives against family violence: Changing Together - A Center of Immigrant Women, Catholic Social Services, The Edmonton Mennonite Center for Newcomers, Multicultural Health Brokers Co-op, Multicultural Mental Health Brokers, ASSIST Chinese Community Services, Alliance Jeunesse-Famille De L'Alberta Society, Planned Parenthood, La Foundation Madeleine Sanam Foundation... for the Emancipation and Autonomy of African Women, Islamic Family and Social Services, Millwoods Welcome Center, Persons with Developmental Disabilities, Edmonton Community Services – Elder Abuse Intervention Team, Edmonton John Howard Society – Victims Assistance Program, Edmonton Immigrant Services Association, and Capital Health STD Center.

SACE is proud of the relationships we have developed with the diverse communities. We are currently involved in different community based initiatives against family violence while continuously examining opportunities on how to collaborate and share

# DIVERSITY OUTREACH PROGRAM

expertise. SACE is also committed to responding to community emerging needs by providing customized workshops/training and services in diverse communities.

## Committee Involvement

### *Ethno-Cultural Consultation Coalition Group - Community Initiatives Against Family Violence (CIAFV)*

As one of the CIAFV sub committee members, the Diversity Outreach Program continues to work with the Ethno-Cultural Consultation Coalition group to provide education to organizations to build and enhance their capacity to provide services to families in ethno-cultural communities.

### *Legacy Team Committee*

As part of the Legacy Team Committee, we are committed to addressing the issues of information gaps about family violence and sexual assault in immigrant and refugee communities. In collaboration with the Legacy Team, SACE is currently involved in the Victims of Crime Information Book Translation Project. The Victim of Crime Information Book will soon be available in 14 different languages.

### *Trafficking Women and Girl Group*

SACE is also a member of the Trafficking Women and Girls Group in Edmonton. SACE and partner agencies are working with the Canadian Council for Refugees and Status of Women Canada gathering statistical information and working toward coordinating resources for the trafficked individuals.

### *War Rape Working Group*

SACE's War Rape Working Group was formed to address the concerns that have arisen within immigrant and refugee communities. In the recent past, ethno-cultural community members and agencies had indicated that an increasing number of refugees were coming forward with disclosures of war rape,

torture and trauma. The ethno-cultural community has further expressed that Edmonton lacks culturally based specialized services to adequately respond to this crisis.

The War Rape Working Group partners with community elders and community agencies including Planned Parenthood, Catholic Social Services, La Foundation Madeleine Sanam Foundation... for the Emancipation and Autonomy of African Women, The Edmonton Mennonite Center for Newcomers, Multicultural Health Brokers Co-op, Islamic Family and Social Services, Changing Together - a Center for Immigrant Women, Capital Health STD Center, and private psychologists to help provide education and raise community awareness about war rape related issues. One of the group's goals is to coordinate a community response to support the survivors, and front line workers who work with survivors on a daily basis.

### *"It's all About Respect"*

"It all about respect" is the project for Asian women and girls, coordinated by ASSIST Community Services. The project works with women and young girls promoting healthy families and relationships as well as other related social issues. The Diversity Outreach Program participated in workshops and continues to provide expertise related to sexual violence issues in both the advisory committee and the programming committee.

### *Ethno-Cultural Ad-Hoc Working Group*

The purpose of this group is to support the work of the Alberta Roundtable on Family Violence and Bullying by providing input to the ethno-cultural community response. This group also acts as the strategic link between government and community.

Hope is the struggle of the soul, breaking loose from what is perishable, and attesting her eternity.

—Herman Melville

# PUBLIC EDUCATION

Public Educator	The Public Education Program had a great year in 2004! The department, consisting of two full-time staff members, Tarra Mitchell and Liana Frerichs, implemented many new programs as well as conducting a	Public Educator
		
Tarra Mitchell	number of successful seminars related to	Liana Frerichs

sexual violence.

In 2004, the Public Educators delivered 10,801 presentations and workshops within schools, community groups and other agencies. The program reached over 10,801 participants whose ages, occupations, and cultural backgrounds were diverse. In addition to presentations, the Public Educators mailed, faxed, directed people to the SACE web site, and spoke with numerous individuals and groups who requested verbal and written information.

The Public Education Program staff represent SACE in the community by serving on many committees. These committees include: Peer Education Committee, Expecting Respect; Interagency Committee on the Spousal Abuse of Women; Diversity Project; Family Violence Prevention; Children and Family Violence Working Group; Alberta Association of Services for Children and Family; Community Initiatives Against Family Violence; The International Women's Day Committee; Building Bridges; Sex Positive Working Group and the Edmonton Area Sexual Assault Centres' Public Education Committee.

Due to a very successful campaign, the child safety kit known as S.P.E.A.K. (Safety Prevention Education and Awareness Kit) was introduced to many preschools and daycares in Edmonton and surrounding area.

This project provides valuable information to children ages 3 to 7 and its use is promoted in schools and other educational settings. The Public Educators are pleased to report that the program has been very well received and feedback from the community has been extremely positive. Numerous training sessions were conducted in 2004 with continued requests for training in 2005. The Public Education Program will be holding training sessions on a regular basis throughout the year at SACE while continuing to train individual agencies in the community.

Internet safety continues to be a pressing issue for youth. The Public Education Program has stepped up the promotion of internet safety through presentations for students, teachers and parents.

The Sexual Assault Awareness Seminars (SAAS) were modified again this year to include new topics and speakers that have been requested from previous participants. This was well received and the evolution of professional development opportunities will continue at SACE. The seminars were a great success with an attendance of over 30 individuals in each session. This workshop was designed to bring a greater awareness of sexual assault and the needs of survivors to members of the helping professions. Numerous organizations were represented including the Sexual Assault Response Team, Child and Family Services, the St. Albert SAIF Society, and Changing Together – A Centre for Immigrant Women.

Several topics were covered during the SAAS including sexual harassment, rape drugs, child sexual abuse, working with multicultural clients, domestic violence, and strategies for supporting survivors. The program received wonderful feedback from the participants as well as many helpful suggestions for our next seminar, which we look forward to hosting in early 2005.

"I'll take the knowledge gained and share it with family and friends!"

-Presentation Attendee

# PUBLIC EDUCATION

The Public Education team continued to be involved with the Expecting Respect Program in 2004; we feel the contribution of this program is invaluable to junior high and high school students. The Public Educators are now involved with 3 new committees that address issues such as the content of presentations as well as re-working the current teaching models.

## *Future Directions – 2005*

The Public Education Program will be growing in 2005 having received funding for both a full-time Public Educator for Diversity Outreach and a part-time Disabilities Public Educator.

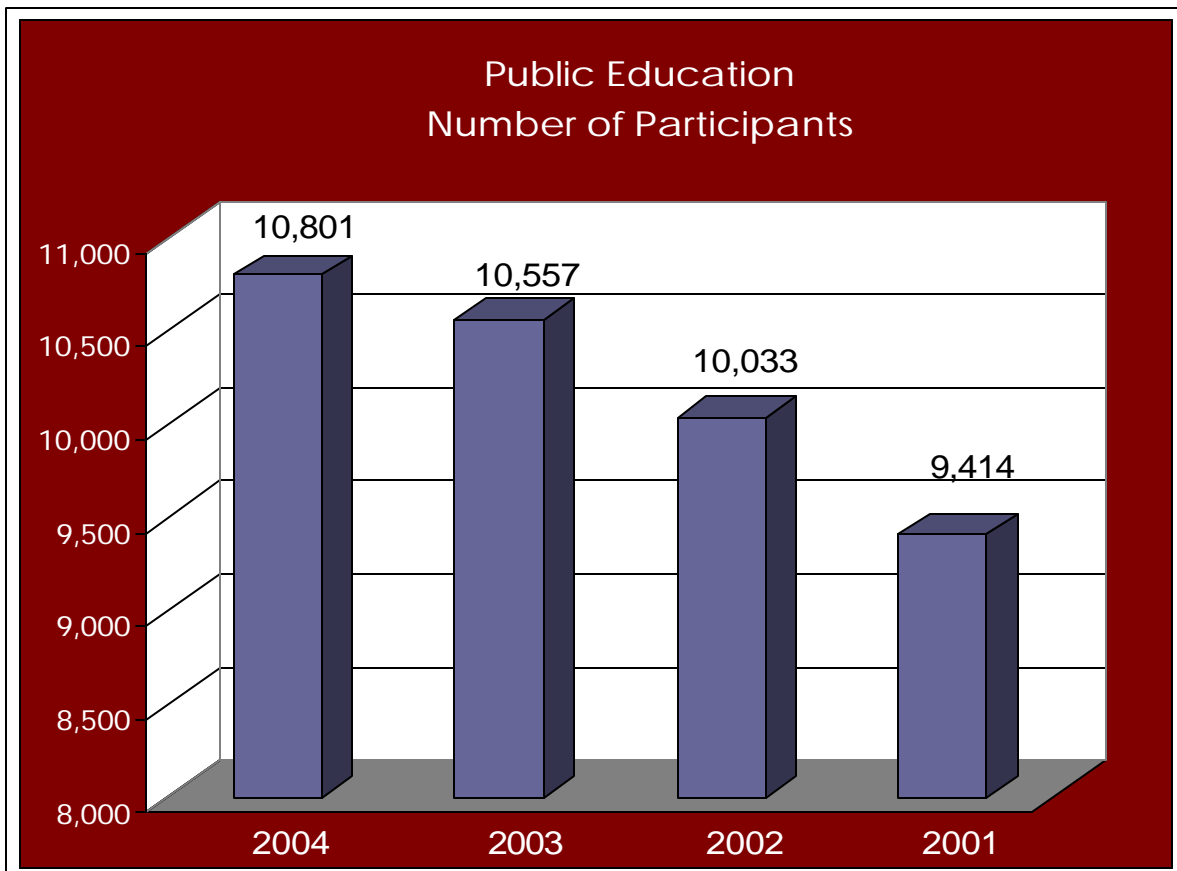
The purchase of new equipment for the Public Education Program has provided the ability to transfer VHS videos to DVD allowing for the integration of resource videos directly into PowerPoint presentations.

The Public Education Program continues to support ongoing projects including updating written materials, integrating new information and new technology into existing presentations, and constantly educating ourselves as to new information and developments in the area of sexual violence.

SACE sincerely appreciates the ongoing financial support of the City of Edmonton Family and Community Support Services (FCSS) to the Public Education Program. Funding has recently been increased to include an additional Public Educator for the growing demand.

Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has

--Margaret Mead



# VOLUNTEER SERVICES



2004 was a very energetic and extremely fast paced year for the Volunteer Department at SACE. Once again I feel truly blessed to have met, trained and worked with so many inspiring, empathetic and truly genuine individuals.

All SACE volunteers provide enthusiasm and diversity to our entire program and continue to play a crucial role in our daily operation. With 271 active volunteers donating time, talent, insight, and energy in all aspects of the organization we are able to provide quality and enhanced service to our clients. Our volunteers took 9182 crisis calls and donated a total of 26,439 volunteer hours in 2004.

It is crucial that every victim and survivor affected by sexual assault or sexual abuse have somewhere to turn when they feel they are in crisis or personal distress. Our volunteers offer a safe, confidential, empathetic and non-judgmental resource on our 24-hour crisis line. Each volunteer who chooses this experience receives a very extensive 50-hour training program with input from other agencies. Volunteer training is offered four times annually and consists of information on sexual assault, child sexual abuse, adults molested as children, sexual harassment, suicide intervention, mental health issues, communication skills, and legal and medical issues. Upon successful completion of a written exam, volunteers then assume the responsibility of responding to crisis calls.

In terms of evaluating measurable outcomes, we have learned from our Volunteer Satisfaction Survey that volunteers continue to appreciate the training provided, and the support received from staff and other volunteers. They value this opportunity to give back to the community yet continue to grow in their own personal lives. Thank you to all our Crisis Line Volunteers who work many hours to support the survivors and victims of our community. Special thanks to all of our team leaders and the countless extra phone calls they made, Anne R., Jackie Y., Candace B., Marilyn C., and Rochelle C.

Thanks to our many office support volunteers who keep us organized and on top of our many projects. Thank you to our faithful Doreen J., Cora E., and Scott C. for your many talents and keeping us so focused. A special thanks also to our group co-facilitators Gail H., Nicole D., Quena S., and Juliet G. It was a pleasure to have you around. We also have many volunteers who commit their time to help out with fundraising activities, especially our monthly bingos. Thank you to all and a special thank you to Millie H., Debbie H., Bill P., Michelle H., Doreen C., Debbie G., and Glynis T., who always seem to be available.

Our 2004 Volunteer Appreciation "Picnic In The Park" celebration was held at Emily Murphy Park in May. This year Anne Rivet was the recipient of our 2004 "Volunteer of the Year Award". Anne joined our volunteer team in September of 2000 and has given SACE hundreds of personal hours on the crisis line as one of our team leaders, and has personally sold most of our "Entertainment Books" as a fund raiser. Thank you Anne, it is always a pleasure to have you near. Our celebration included the first hot dog of the year on an open fire, salads and desserts brought by the staff, games, and wonderful gifts donated by very generous businesses and community members.

On November 25<sup>th</sup> we held our "Seasons Greetings" party, which is always a great success. This annual potluck was very impressive and our tacky gift exchange was very creative and provided us with hilarious entertainment, especially the "foam sandwich" and the "perfect person".

The Sexual Assault Centre of Edmonton continues to prosper and advance with the support of all our volunteers, Board of Directors, stakeholders, and staff in collaboration with the community. I welcome an eventful and dynamic year for 2005.

<p>I have made many great friends and I felt very close to my training group. I am so thankful to be a part of SACE.</p> <p style="text-align: right;">Volunteer</p>
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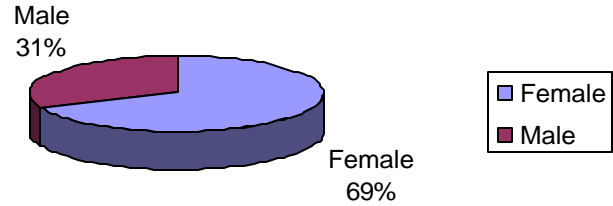
# 24 HOUR CRISIS LINE STATISTICS FOR 2004

## TOTAL NUMBER OF CRISIS CALLS IN 2004:

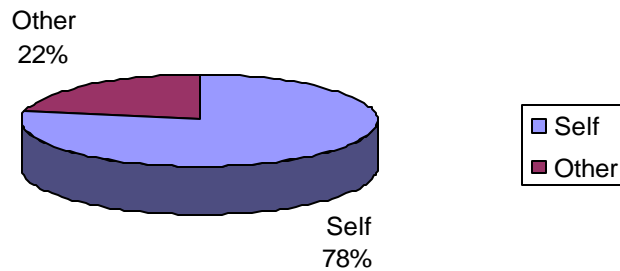
**9182**

The following statistics are based on a random sample size of 1313 crisis calls

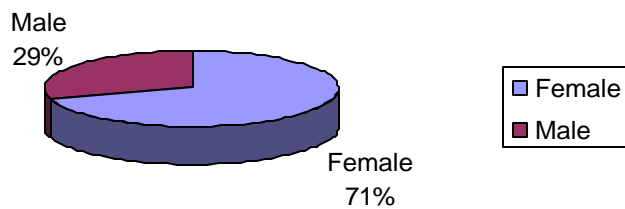
## 2004 Caller Gender



## 2004 Caller Relation to Victim



## 2004 Gender of Victim

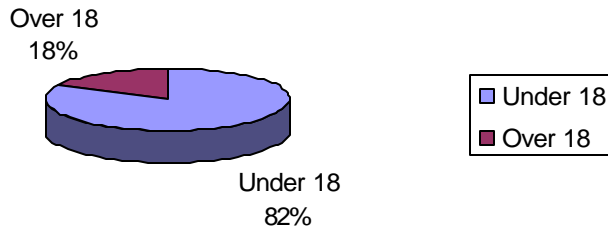


Thank you so much for being there; I didn't know where else to turn.

— Crisis Line Caller

# 24 HOUR CRISIS LINE STATISTICS FOR 2004

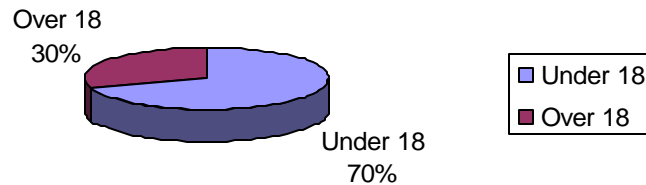
## 2004 Victim's Current Age



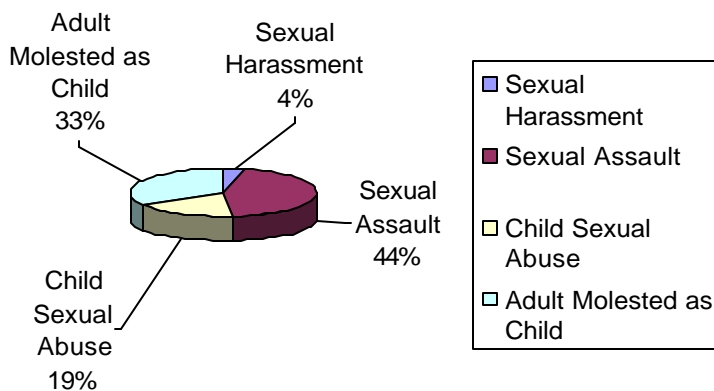
I didn't want to see a counsellor after telling my parents I was raped, but I'm glad I did. My nightmares are going away, and I'm starting to believe that I'm not to blame for what happened. The center is one of the few places I really feel safe.

— Adolescent Client

## 2004 Victim's Age When Assaulted



## 2004 Assault Type



When you do nothing, you feel overwhelmed and powerless. But when you get involved, you feel the sense of hope and accomplishment that comes from knowing you are working to make things better.

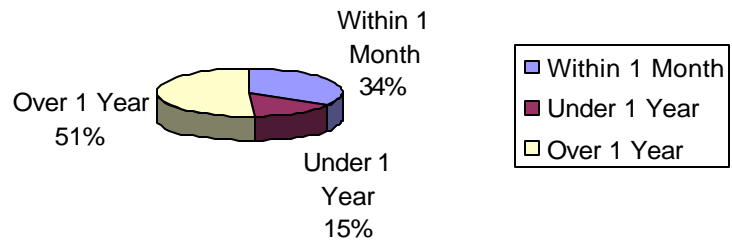
-Pauline R. Kezer

# 24 HOUR CRISIS LINE STATISTICS FOR 2004

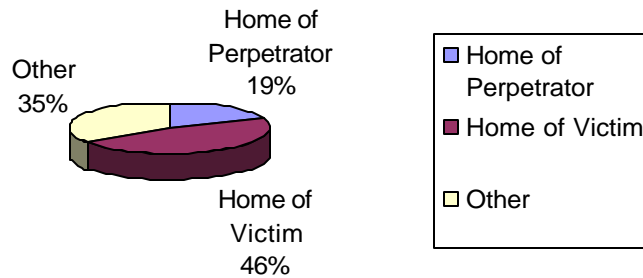
The volunteer training helped me grow as a person and help others. I feel close to those I work with through shared experience and shared goals. The greatest cure for one's own sorrows is to help others, and I learned that nothing in the world feels better. I feel at home here.

—24- Hour Crisis Line Volunteer

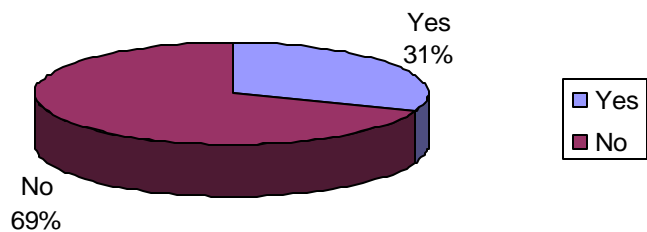
## 2004 Timing of Assault



## 2004 Location of Assault



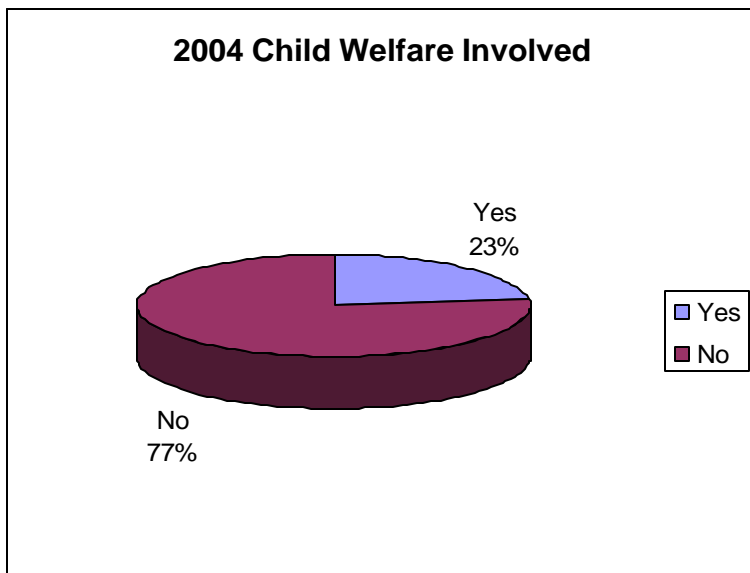
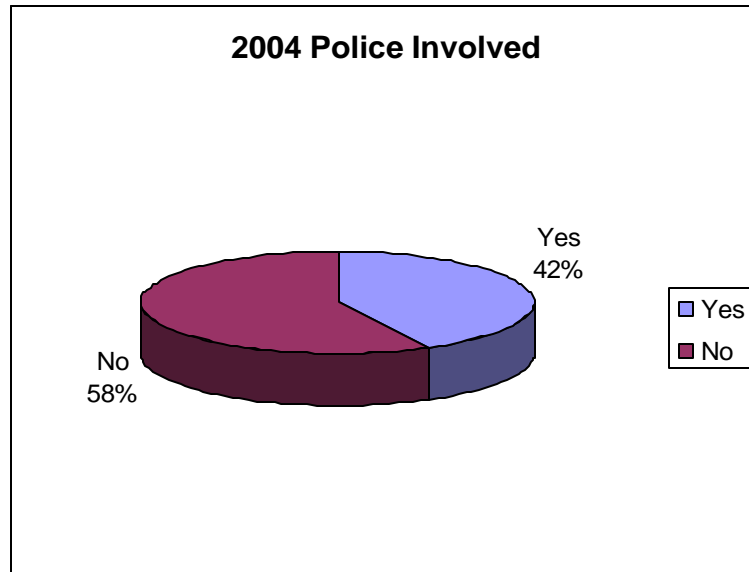
## 2004 Medical Attention



Learning that your child has been sexually abused is a parent's worst nightmare. Thank god there are services like the ones at SACE where there are compassionate people who are specially trained to deal with this crisis.

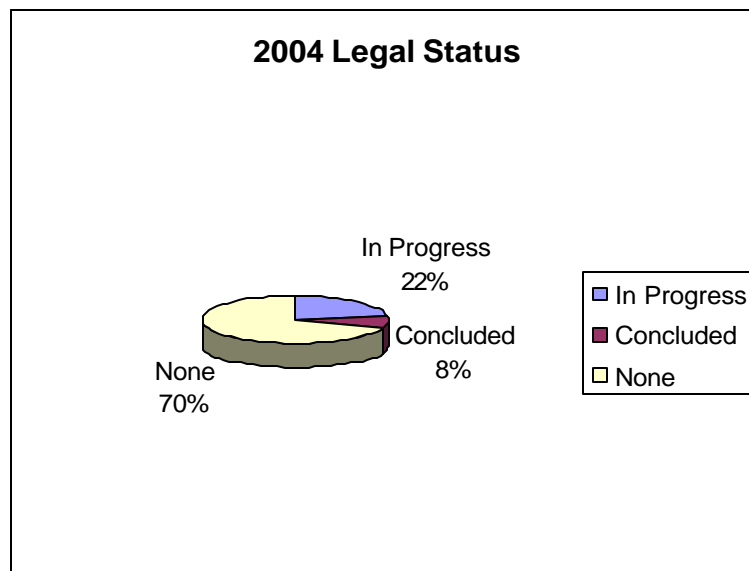
— Mother of abused child

# 24 HOUR CRISIS LINE STATISTICS FOR 2004

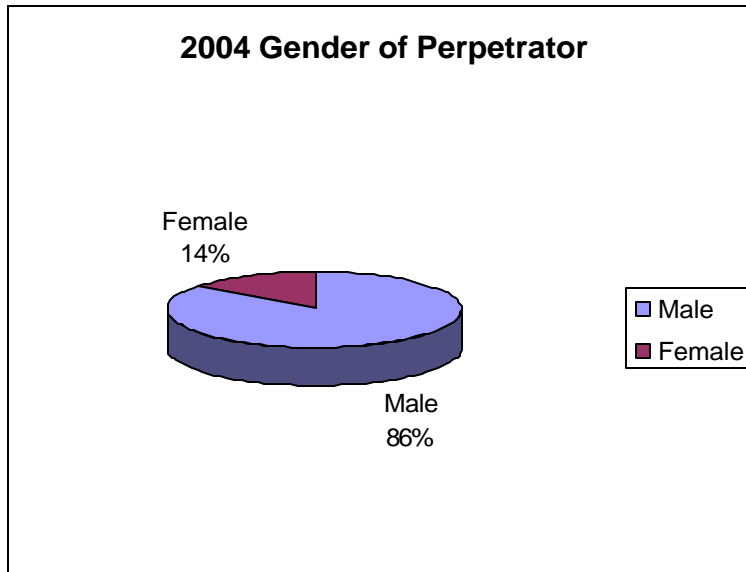


Hope is the pillar that holds up the world. Hope is the dream of a waking person.

— Pliny the Elder

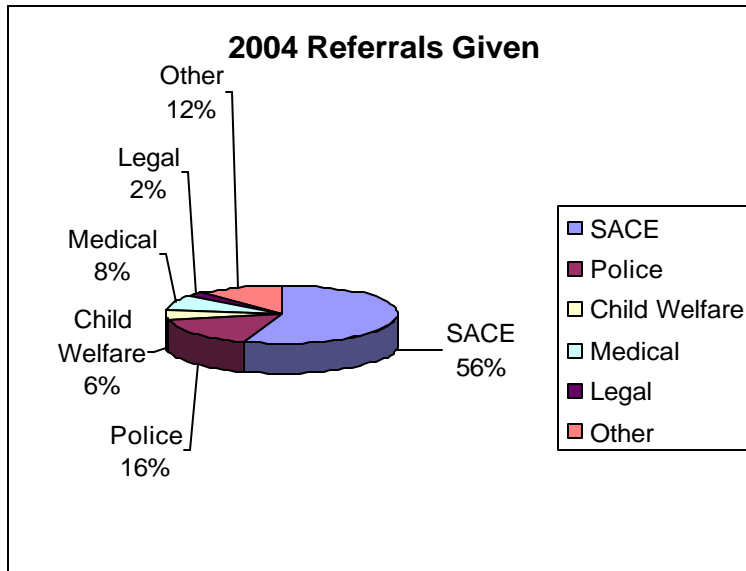
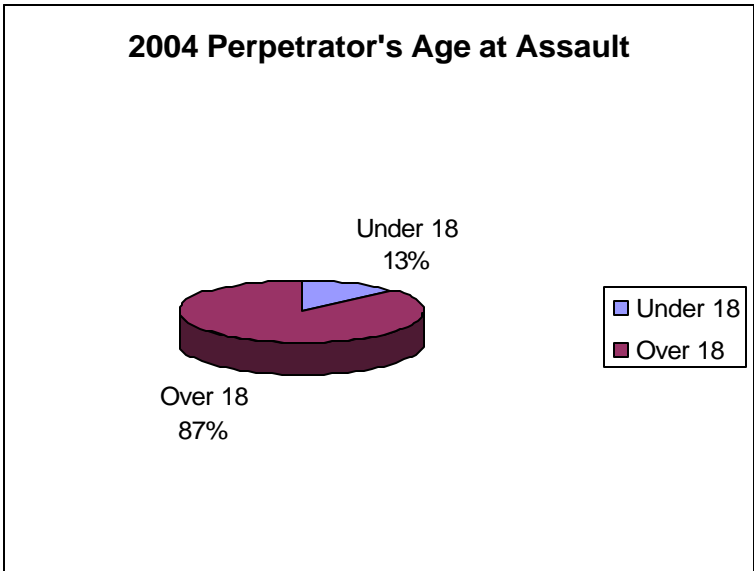


# 24 HOUR CRISIS LINE STATISTICS FOR 2004



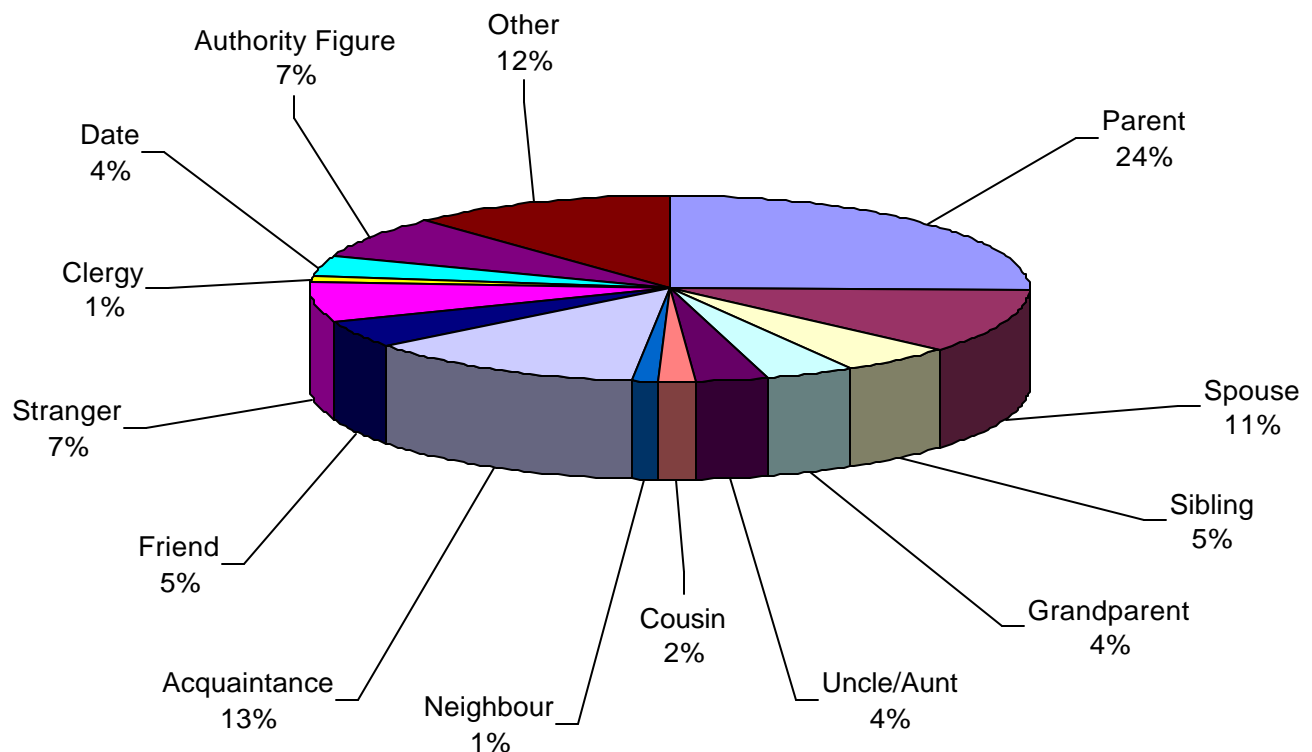
I don't know what I'd do without the services at the Sexual Assault Centre. After we found out that our 7-year-old daughter was sexually abused our family fell apart and we didn't know where to turn. She looks forward to seeing her counselor, is doing so much better, and we feel much more at peace knowing she is getting the help she needs.

— Mother of 7-year-old client



# 24 HOUR CRISIS LINE STATISTICS FOR 2004

## 2004 Perpetrator's Relation to Victim



Courage doesn't always roar. Sometimes courage is the quiet voice at the end of the day saying, "I will try again tomorrow."

— Mary Anne Radmacher



# SEXUAL ASSAULT CENTRE OF EDMONTON

providing crisis intervention - information - counselling - public education



United Way Of the  
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Thanks to the RCMP "K" Division for their generous donation of the printing of this document.