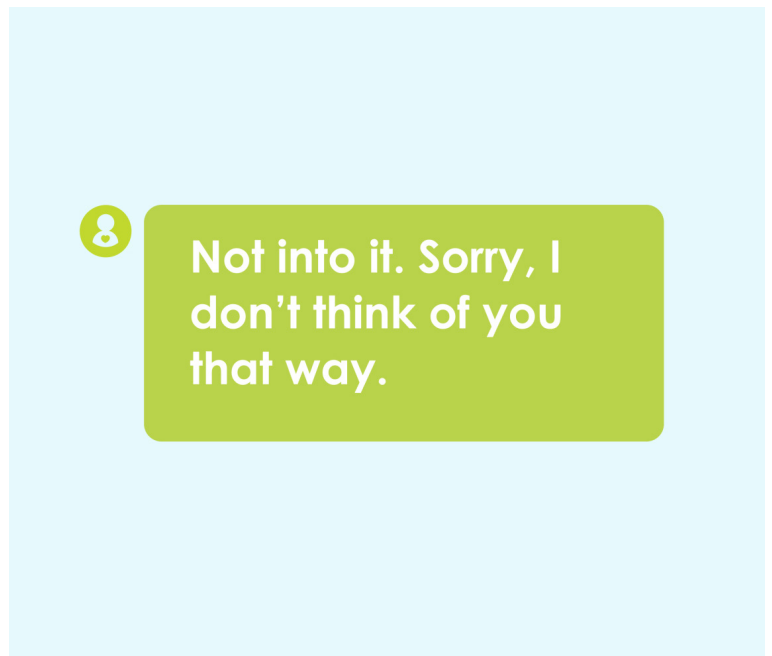
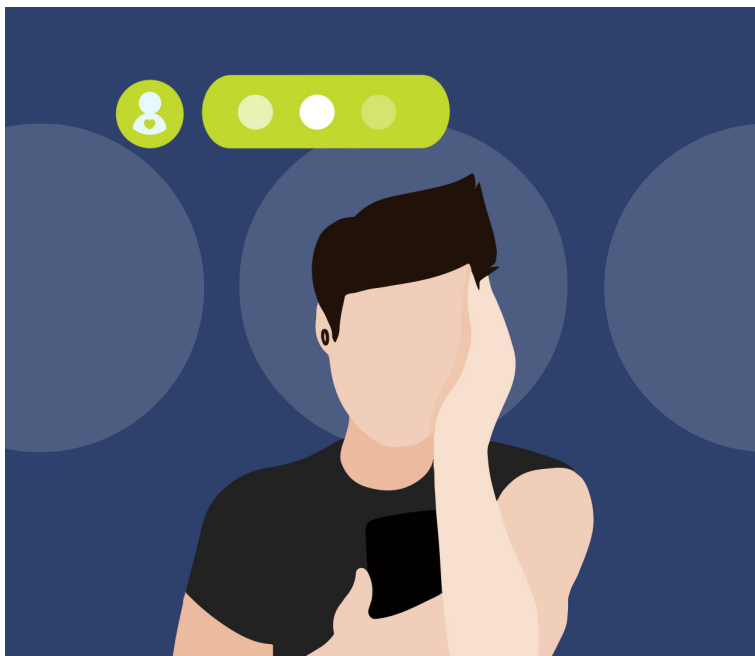
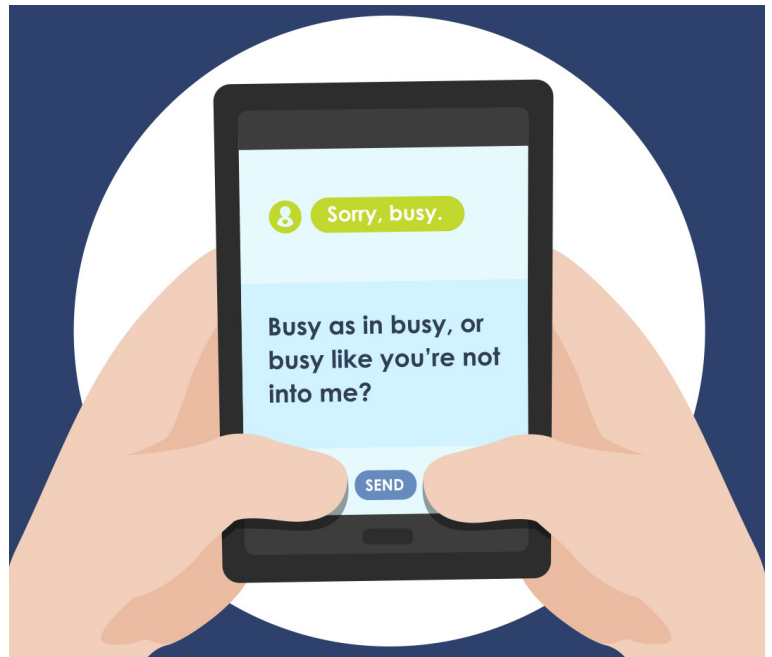


Consent is...



Ouch, this hurts...

How could they say no? What's wrong with me? This is so embarrassing. I swear they were flirting. Everyone said they liked me!



(Eyes closed & breathing)

That's cool. I get it.
Catch you at
school. :)

Asking for consent means
being prepared to hear "no."

The reality is, it hurts to be
rejected – and that's totally
normal!



Managing rejection is an important relationship skill and allows us to see past our hurt feelings in order to respect the needs and desires of others.

#RollingWithRejection



24 HOUR
SUPPORT &
INFO LINE
780·423·4121

Follow @sacetalks on Instagram or visit sace.ca/learn for a more in-depth look at what consent looks like.



Listen. Believe. Support.
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