## Consent is...



















We all live in a culture that can send the messafe that if you don't get sex, you've failed. Being part of shifting that culture can be as easy as thinking about how you respond to friends that tell you about their experiences.



By recognizing that it's not sext to be afraid or to push yourseld on someone, and that other kinds of sexual intimacy – or waiting – can be fun and positive, we can all be a part of shifting the culture that normalizes pressure tactics.

#RelationshipGoals





Follow @sacetalks on Instagram or visit sace.ca/learn for a more in-depth look at what consent looks like.







Listen. Believe. Support.

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