

# Consent is...





By recognizing that it's not sexy to be afraid or to push yourself on someone, and that other kinds of sexual intimacy – or waiting – can be fun and positive, we can all be a part of shifting the culture that normalizes pressure tactics.

**#RelationshipGoals**



**24 HOUR**  
SUPPORT &  
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Follow @sacetalks on Instagram or visit [sace.ca/learn](https://sace.ca/learn) for a more in-depth look at what consent looks like.



**Listen. Believe. Support.**  
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